



## More funds for facility construction

Improved barracks, libraries, street lights and roads are just part of how Installation Management Command-Europe officials are applying the significant sum of Sustainment, Restoration and Modernization funds flowing to Europe this year.

*(Editor's note: See page 11 for a look at how SRM funds will be used to improve facilities in Baumholder.)*



COM-Europe officials, this is the first year that Europe garrisons have ever received 100 percent of their authorized SRM funding. The fiscal year 2009 funding enables the reduction of outstanding work and service orders, more thorough execution of routine preventive maintenance, the initiation of a number of unit-move transformation

**See More funds for facility repairs, on page 6**

## Summer Hire

Young workers gain job experience

**By Karl Weisel**  
U.S. Army Garrison  
Wiesbaden Public Affairs  
Office

Eighty-two new employees headed to jobs in Baumholder and Wiesbaden June 22 as part of this year's Summer Hire program. The 53 Wiesbaden and 29 Baumholder youths began labor, clerical and child development

jobs throughout the two communities in the program which runs through July 31.

"It went well," said Ricky Anderson, Summer Hire coordinator with U.S. Army Garrison

**See Summer Hire on page 5**



Photo by Karl Weisel

**Summer Hire employees take the pledge in Wiesbaden on the first day of work June 22.**



**Sgt. Maj. of the Army Kenneth O. Preston answers questions from Wiesbaden Soldiers during a Soldier and Family Forum in Flyers Theater June 24.**

## Army's senior NCO hears Soldier issues

*Sgt. Maj. of the Army Preston takes day-long look at life in Wiesbaden*

**Story and photos by Karl Weisel**  
U.S. Army Garrison  
Wiesbaden Public Affairs  
Office

Stress on the force, recruitment, retention and the Year of the NCO were among an array of topics addressed by Sgt. Maj. of the Army Kenneth O. Preston during a day-long visit to Wiesbaden Army Airfield June 24.

The Army's senior enlisted leader told a packed auditorium of Soldiers and families he "wanted a good feel-



**Sgt. Maj. of the Army Kenneth O. Preston talks to Mary Cima and fellow staff members of the Wiesbaden Warrior Transition Unit.**

ing for what's on their minds."

After touring several facilities on the airfield including the Warrior Transition Unit, the Better Opportunities for Single Soldiers' Warrior Zone, Wiesbaden Fitness Center and being briefed

on ongoing transformation in U.S. Army Garrison Wiesbaden, Preston joined junior enlisted Soldiers for lunch. The one-on-one discussion time was followed by an open forum with Soldiers and their families in the Flyers Theater.

During the forum the sergeant major of the Army described the shape of the force which currently includes 548,000 on active duty of which 260,000 are currently deployed to 80 countries around the world. Those Soldiers and the 95,000 National Guard and Reserve Soldiers currently deployed are "doing an incredible job around the world," he said.

Preston described a meeting with President Barack Obama and other military leaders in which he raised concerns including stress on the force, recruiting and retention. "It's pretty

**See Soldier issues on page 4**

## Inside



### Reader feedback

"It is a great time to celebrate freedom and to remember the brave people who fought for that right," said Rodney Rieger in this week's look at Independence Day. See page 2.



### July Fourth

Wiesbaden community bash to celebrate Soldiers, families. See page 6. Baumholder offers shuttle bus to Ramstein celebration. See page 14.



### The Edge! and Hired!

New youth programs offer wide variety of recreational and job learning opportunities. See pages 16 and 17 for an inside look.

## Feedback: What does Independence Day mean to you?



**Sgt. 1st Class Jonathan O'Cain**  
HHD, 421st Multifunctional Medical Battalion, Iraq

"To me, Independence Day means to celebrate a day of pride and remembrance in all the sacrifices that were made in order for us as a people to gain independence."



**Sgt. 1st Class Desire Chavarrio**  
Company B, 1st Armored Division, Wiesbaden

"It's a great day to celebrate freedom and what we stand for."



**Capt. Jay Kopcha**  
U.S. Army Garrison Wiesbaden

"It is a great day to spend time with family and friends while celebrating our nation's day of freedom."



**Sgt. 1st Class Ricardo Serrano**  
Company A, 1st Armored Division, Wiesbaden

"Independence Day means to me a celebration of our country's birthday and the celebration of the freedoms provided by my brothers in arms in the past, present and future."



**Sgt. Anthony Brown-Silva**  
HHD, 421st Multifunctional Medical Battalion, Iraq

"To me Independence Day is a day of celebration for those who defend our country past, present and future."

## Meeting the needs of Soldiers

**Commentary by Camille Howes**  
U.S. Army Garrison Wiesbaden  
Customer Management Services  
Program Manager

In November 2008 Customer Management Services facilitated a focus group with the Warrior Transition Unit to determine if there were issues that needed to be presented at the annual Army Family Action Plan conference. Upon completing preliminary interviews, the decision was made to conduct further research on how the unit was meeting the needs of its Soldiers.

The research yielded valuable insight about opportunities to improve WTU Soldiers' quality of life. In a recent follow-up evaluation it was noted that key leaders used the data to make considerable changes that directly

impacted unit members such as:  
☞ Occupational therapy tools be supplied directly to the WTU (housed on-site) so that Soldiers no longer have to travel to Landstuhl for therapy.

☞ Nurse case manager be moved into WTU building.

☞ Personal care plans now provided for every unit member and mandated for every new unit member.

☞ Personalized employment readiness training for civilian jobs now offered.

☞ Transitioning skills classes along with financial readiness classes now continually offered.

☞ Educational guidance counselor now comes to the WTU twice per month.

Major changes were also made to the Employment Connection Program which is a

USAG Wiesbaden exclusive initiative. Due to the success of this program, all 21 Soldiers currently assigned to the WTU are enrolled in the ECP.

Several unit members took the initiative to contact employers and develop jobs specific to their own work interests. The jobs established by this initiative will remain in the "ECP job bank" after these Soldiers' depart so that future unit members may use these resources.

To date, as a result of their Employment Connection Program experience, three Soldiers have received job offers from civilian employers. This is a shining example of the Army taking care of its own. Whether wounded or injured, the USAG Wiesbaden WTU has ensured the preparedness of its transitioning members.

## July Fourth: Time to break out the barbecue grill, but always keep safety in mind

As July Fourth looms, barbecue safety takes center stage.

"The proper use and storage of barbecue grills is essential to safe outdoor cooking," said Gerald Adams, Installation Management Command-Europe fire protection specialist. "Data shows that there are hundreds of fires that occur each year related to outdoor cooking, and almost all of those are preventable."

"People have placed charcoal in ovens. Others have used charcoal grills indoors. These are deadly ideas," he said.

As part of IMCOM-Europe's effort to raise awareness of fire safety, Adams offered a number of tips for outdoor cooking:

### Before cooking

☞ Instruct children on the dangers of a lit grill.

☞ Choose a safe grilling location away from children's play areas and areas of heavy traffic. The area should be well-ventilated to avoid danger from carbon monoxide and other

combustion by-products.

☞ Never grill inside or even in a semi-enclosed area, such as a tent or camper. Always grill on a flat, non-combustible surface.

☞ Make sure you're not wearing clothing that could contact the fire, such as hanging shirt tails or dangling strings.

☞ Never leave a grill unattended.

### Cooking with propane

☞ Use the exact type of tank and fuel specified. Do not attempt to connect European-type propane cylinders with U.S. grill supply lines.

☞ Check hoses and valve connections often. Do this by pouring soapy water on the connection points. If bubbles appear, retighten the connections and test again. Also, if repairs to gas lines are needed, ensure qualified repair personnel fix the lines.

☞ Transfer and store liquid propane cylinders in an upright

position and never store where temperatures can reach 125 degrees.

☞ Whether your grill lights by match or push button igniter, always follow the manufacturer's instructions.

### Cooking with charcoal

☞ Charcoal grills should be lit and supervised by adults.

☞ Never start a fire with gasoline.

☞ Use starter fluid only as recommended by the manufacturer. Never use starter fluid once the fire has been ignited.

☞ If using an electric fire starter, use an insulated indoor/outdoor cord plugged into an outlet protected by a ground fault circuit interrupter if equipped.

☞ Be sure the ground is dry and you're not standing in water when plugging the starter into an outlet.

☞ Don't use a charcoal grill underneath a combustible overhead. (IMCOM-Europe Public Affairs)

### Herald Union published by AdvantiPro

The Herald Union, printed exclusively for members of the U.S. Army Garrisons Wiesbaden and Baumholder, is an authorized, unofficial Army newspaper published under the provisions of AR 360-1. Contents are not necessarily the official views of, nor endorsed by, the U.S. government or the Department of Defense. The editorial content is the responsibility of the USAG Wiesbaden and Baumholder Public Affairs Offices. No payment will be made for contributions. Everything advertised in this publication shall be made available for sale, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. This is a biweekly newspaper published by AdvantiPro GmbH. Our office is in Building 1023E on Wiesbaden Army Airfield. Circulation is 8,625 copies. **For display advertising rates** call Hanna-Maria Weills at civ (0631) 3033 5537, email [ads@herald-union.com](mailto:ads@herald-union.com); **classified advertising rates** call Anna-Maria Gonzalez at civ (0631) 3033 5530, email [class@herald-union.com](mailto:class@herald-union.com). **Address:** USAG Wiesbaden, Herald Union, Unit 29623 Box 60, APO AE 09096; **Telephone:** mil 337-7405; civ (0611) 705-7405; **Email:** [usagwiesbadenpao@eur.army.mil](mailto:usagwiesbadenpao@eur.army.mil); **Home page:** [www.wiesbaden.army.mil](http://www.wiesbaden.army.mil).

### Command and newspaper staff

**USAG Wiesbaden Commander**.....Col. Jeffrey W. Dill  
**USAG Wiesbaden Command Sergeant Major**  
.....Command Sgt. Maj. Hector Alexander Prince  
**Public Affairs Officer**.....Anemone Rueger  
**Editor**.....Karl Weisel (mil 337-7405)  
**USAG Wiesbaden Reporters**.....Chrystal Smith (mil 337-1400)  
.....Jennifer Clampet (mil 337-5150)  
**USAG Baumholder Reporters**.....Ignacio Rubalcava (mil 485-6191)  
.....Stacy Theresa Graham (mil 485-7517)

## News flash

### Tuition Assistance update

Soldiers registering for end-of-year college classes through the GoArmyEd website must do so before Sept. 29. This does not impact registration for courses starting Oct. 1, or later FY10 enrollments, according to Installation Management Command-Europe Army Continuing Education Services officials. "This is something that happens at the end of each fiscal year that impacts people registering for end-of-fiscal-year classes," said Ruth Foster, IMCOM-Europe ACES education services specialist. "The important message for Soldiers is that if they plan to take a class starting Sept. 30 or sooner, they must register prior to Sept. 29." GoArmyEd will not be operational Sept. 30 for fiscal year cut-off. Ruth said individuals seeking more information should visit the GAE portal at <https://www.goarmyed.com/Login.aspx> or contact local Education Centers. (IMCOM-Europe Public Affairs)

### Contaminated food alert

The U.S. Food and Drug Administration and the Centers for Disease Control and Prevention warn consumers not to eat any varieties of prepackaged Nestle Toll House refrigerated cookie dough due to the risk of contamination with E. Coli 0157:H7 (a bacterium that causes food borne illness). The FDA advises that if consumers have any of the product in their homes that they throw it away. Cooking the dough is not recommended because consumers might get the bacteria on their hands and on other cooking surfaces. E. coli 0157:H7 causes abdominal cramping, vomiting and a diarrheal illness, often with bloody stools. (Courtesy of USAG Wiesbaden's Child, Youth and School Services)

### Estate claims

Anyone having any claims on or obligations to the estate of Capt. Kafele H. Sims, 18th Engineer Brigade, should contact the summary court martial officer, 1st Lt. Richard Jordan, at mil 379-9013 or civ (06202) 80-9013.

### Field study courses

The University of Maryland University College Europe features two, three-credit undergraduate field study courses, "Picasso in Paris" and "Expatriate Writers in Paris: 1920s" this August in Paris. Registration deadlines are July 10 and 17 respectively. Visit [www.ed.umuc.edu/fieldstudy](http://www.ed.umuc.edu/fieldstudy) or your local Education Center.

# Hessentag awards

## State of Hessen honors U.S. employees for outstanding service

By Karl Weisel  
U.S. Army Garrison Wiesbaden  
Public Affairs Office

Every year Hessen's minister president recognizes people who go above and beyond the call of duty to save lives, help their fellow citizens and to improve the quality of life for those who reside in the German state. A recognition ceremony at the annual Hessentag celebration honors those who have performed outstanding service in Hessen.

This year at the 10-day-long festival held in Langenselbold, five members of the U.S. military community were among the individuals honored. These included three U.S. Army Garrison Wiesbaden employees — Klaus Herbst, Michael Boehme and Anemone Rueger; a former USAG Wiesbaden staff officer — Lt. Col. Eugene Warren; and a member of the Heidelberg Medical Activity — Sgt. Latoddia Maze.

William Clements, U.S. Forces liaison officer for Hessen, Northern Germany and Thuringia, was honored by the German military for his German-American support during a reception following the Hessentag awards ceremony.

"The Hessentag awards are outstanding recognition of dedicated efforts ... for work they do which goes above and beyond the job requirement," said Anne Adams, deputy U.S. Forces liaison officer for Hessen, Northern Germany and Thuringia. "It's in recognition of any employee — military, host nation, civilian — by the highest representatives on the host nation side."

Boehme, Mobilization and Deployment Program manager for the garrison's Army Community Service, was honored for both his work on the job helping expand the Family Readiness Group program in USAG Wiesbaden and his volunteer work which opened a range of hunting opportunities for community members.

"It was humbling in one way and quite an honor in another way," said the retired U.S. Army Reserve lieutenant colonel about the state-wide recognition. "We were recognized with other people in the community who have done great things."

The avid outdoorsman, who spent many hours of his free time to help other hunting enthusiasts gain knowledge of and certification in German hunting traditions and laws, provided training and arranged hunts throughout Germany.



Photo by Heather Goodwin

Hessen Minister of the Interior Volker Bouffier congratulates Michael Boehme as Col. Jeffrey Dill and German Maj. Gen. Gerhard Stelz look on.

"We're developing a great hunting program for this community," he said, pointing to upcoming hunts, the development of a dedicated hunting area for community hunters and an upcoming hunting class which will run from Aug. 18 to Oct. 24.

"It's all about sharing culture. They do things here like they did in the 12th century — it's all part of the Jagd (hunting) culture," Boehme said, adding that it's also a great opportunity "for outdoorsmen and women to open the door to build new friendships. ... There are world-class opportunities right here at our back door."

Warren and Rueger were honored for their work in helping organize, promote and manage the 60th Anniversary Celebration of the Berlin Airlift in Wiesbaden last summer. With more than 30,000 visitors, dozens of veterans on hand and various special events, the event marked the first major German-American open house event on a U.S. installation since 9/11. According to former garrison commander, Col. Ray Graham, "The 60th Anniversary event would not have been nearly as successful" without their efforts.

Rueger and Warren were recognized "for the positive message of cooperation and friendship that came after the 60th Anniversary events," according to Graham.

During the Hessentag awards ceremony Hessen Minister of the Interior Volker Bouffier, on behalf of Minister President Roland Koch, also recognized garrison engineer Herbst "for his outstanding support of the wounded Soldiers of the Wiesbaden military community." Thanks to Herbst's efforts as the chief project engineer, Wiesbaden's Warrior Transition Unit quickly came

into existence.

The Wiesbaden facility has been recognized as the premier facility in Europe having a vital impact on the quality of life of U.S. Soldiers in the Army.

Being recognized "was something special," said Herbst, an engineering technician with the garrison's Transformation Stationing Management Office, "being recognized on the German side as well as for my work with the American military."

Although not someone who lives or works in the state of Hessen, Maze, a member of the Heidelberg Medical Activity, was singled out for special recognition by Hessen's minister president for his lifesaving actions in the state. "Maze rendered first aid in an accident near the Frankfurt Airport," explained Adams.

During a separate reception at Hessentag, German Maj. Gen. Gerhard Stelz, commander of the Wehrbereichskommando II, presented Clements with the Ehrenkreuz in Gold (the Honor Cross in Gold).

Oberst Bernd Bauer of the Landeskommando Hessen cited Clements' years of dedicated efforts in helping improve German-American relations in his capacity as the U.S. Forces liaison officer for Hessen, Northern Germany and Thuringia. "In Hessen and in Wiesbaden, with one of the largest and most important garrisons in Germany, German-American friendship is so active and lively that it's hard for me to imagine anything comparable elsewhere," said Bauer. "And that, Mr. Clements, is largely thanks to you."

Bauer also praised the close working relationship between U.S. and German military and civilian authorities, thanks to Clements' efforts. "Altogether, dear Mr. Clements, a job extraordinarily well done."

## From the blotter

Compiled by the U.S. Army  
Garrison Wiesbaden Directorate  
of Emergency Services

### June 16

**Baumholder:** A Soldier was cited in a traffic accident after striking a barrier.

**Wiesbaden:** A family member was charged with shoplifting.

### June 17

**Wiesbaden:** A family member/Army and Air Force Exchange Service employee was charged with shoplifting.

### June 18

**Baumholder:** A family member was cited in a traffic accident after striking another vehicle.

**Wiesbaden:** An NCO was charged after striking another vehicle.

### June 19

**Baumholder:** A Soldier was charged with child abuse after striking the child in the face.

**Wiesbaden:** A Soldier was charged with drunk driving.

### June 20

**Wiesbaden:** A warrant officer and family member were charged with assault after being involved in an argument that turned physical.

### June 21

**Baumholder:** Five soldiers were charged with aggravated assault after an altercation became physical.

### June 22

**Baumholder:** A DoD civilian was charged after striking another vehicle.

### June 23

**Wiesbaden:** A Soldier was charged after striking another vehicle.

### June 24

**Wiesbaden:** A Family, Morale, Welfare and Recreation employee was charged with larceny after pumping fuel and not paying.

### June 25

**Wiesbaden:** A Soldier was charged after striking another vehicle.

**Baumholder:** A Soldier was charged after striking a guard rail.

### June 26

**Baumholder:** A Soldier was charged with being drunk on duty.

## Memorial service

Community remembers lieutenant during Wiesbaden memorial service. See story in the *Herald Union Online* at [www.wiesbaden.army.mil/hunion/hunionupdates.htm](http://www.wiesbaden.army.mil/hunion/hunionupdates.htm).



## Cupcakes on the Army Birthday

Sophia Berardi hands Pvt. Patrick Hamilton of 1st Armored Division's Special Troops Battalion a free, home-made cupcake June 19 at the Wiesbaden Consolidated Mail Room in celebration of the Army Birthday as Jillian Sly and Austyn Terrio look on. Wiesbaden's Child, Youth and School Services featured various special events throughout the week to mark the Army's 234th Birthday.

Photo by Karl Weisel

## Soldier issues .....

### Continued from page 1

stressful. There are a lot of dynamics out there because the Army is busy."

Describing how he told the president that stress occurs both during deployment and "when the units come back during dwell time," he said he "wanted the president to understand that it's not just operational stress but also institutional stress and stress on our families."

A tumbling economy was another stress factor, he said.

Calling them "warning lights on the dashboard," the senior Army NCO said a rise in suicides and post-traumatic stress were visible effects of this stress on the force.

But Preston also pointed out the strength and dedication of the men and women who serve — evident in the fact that the Army continues to exceed its

recruitment and retention goals.

During 2009, the Year of the NCO, Preston said the Army's focus was on recognizing the contributions of the NCO Corps past and present — "the glue that has held the organization together." This year's focus was also aimed at informing the public about NCOs as a national asset and in enhancing the capabilities of the NCO Corps.

Changes to the Warrior Leader, Basic and Advanced Noncommissioned Officer Courses are all intended to enhance training and to "get the training to Soldiers earlier in their careers." Introduction of the Army Career Tracker is likewise geared toward guiding Soldiers to potential schools and training throughout their careers.

"Our goal is to grow all Soldiers," he said, adding that partnerships with

universities are helping ensure they have more educational opportunities and receive college credit for such things as basic and advanced training.

During the question and answer session, Preston addressed everything from concerns about the Home Owners Assistance Program to more educational opportunities for overseas spouses. Issues about the cost of child care, career progression and the military's "Don't Ask, Don't Tell" policy were also raised.

In response to questions about the length of dwell time between deployments, the sergeant major of the Army said, "The goal at a minimum is to get to a two-to-one ratio (two years back in garrison for every year deployed) and ideally to get to a three-to-one ratio."

After a question about the importance of keeping forces in Europe, Preston described the need to maintain relationships with European countries — especially those such as Lithuania, Poland and other former Eastern Bloc countries still building their militaries after the end of the Cold War. The U.S. Army NCO Corps serves as a role model, and many of the senior NCOs in those countries, Iraq and Afghanistan are graduates of the U.S. Army's Sergeant Major Academy, he said.

When asked what's the best division in the Army, Preston, a former 1st Armored Division member, smiled and drew "hooahs" from the crowd with his answer — "1st AD."

"I'm really proud of all the Soldiers here in Wiesbaden," he concluded. "It's always good to come back here and visit."



Sgt. Maj. of the Army Kenneth O. Preston (left) and 1st Armored Division Command Sgt. Maj. Roger Blackwood measure the "hoo-ah" levels during the Army senior enlisted leader's visit to Wiesbaden June 24.

## Environmental engineers join forces

### Oekoprofit initiative promotes energy, resource conservation

By Karl Weisel

U.S. Army Garrison Wiesbaden  
Public Affairs Office

Wiesbaden garrison environmental engineers joined their host nation counterparts on Wiesbaden Army Airfield June 17 to look at ways to improve energy conservation efforts.

Part of the ongoing Oekoprofit initiative launched in 2000 and joined by the Wiesbaden military community in October 2007, last year's program culminated with recognition by Lord Mayor Helmut Müller of the U.S. Army Garrison Wiesbaden's dedicated efforts and strong focus on promoting and improving environmental awareness.

"The U.S. Army is pro-environment and has the initiative to go green — and this goes in the same direction," said Axel Grell, an environmental specialist with the garrison's Directorate of Public Works.

The initiative, which brings Oekoprofit partners from corporate, city and U.S. military institutions together with subject matter experts, seeks better ways of using and sustaining resources while protecting the environment.

"We share ideas and take part in brainstorming sessions," said Grell. "During our conferences we have guest speakers who tell us about various environmentally friendly products."

"We also get together to learn from each other," said Mirco Grimm, acting chief of

the garrison's Environmental Management Office. "We have different environmental themes as part of each workshop."

"Each company in Oekoprofit sets a goal," said Grell, explaining that this year's Oekoprofit initiative for USAG Wiesbaden is to improve the overall energy and environmental management of the Wiesbaden Fitness Center.

"We wanted to have an example that everyone could understand," said Grimm, explaining that because of the fitness center's prominent place in the community and wide use by many different groups, it provides a showcase for how operations can be better managed to save energy, reduce costs and better manage resources.

Last year the garrison took aim at improving energy use and reducing waste in several airfield hangars, the dining facility and a motor pool. As part of the Oekoprofit initiative radiant heat panels were installed in aircraft hangar ceilings, and a consolidated Recycling Center was installed on Wiesbaden Army Airfield (near Building 1036).

With this year's fitness center energy improvement project, engineers will "look at ways to reduce energy consumption and waste streams to enhance recycling," said Grell.

The energy efficiency goal for the U.S. Army Garrison Wiesbaden is to save at least 3



This year's Oekoprofit initiative is aimed at saving energy, reducing costs and better managing resources at the Wiesbaden Fitness Center.

Photo by Karl Weisel

percent per year or 30 percent by 2015 (Energy Efficiency goal of the Executive Order 13423 — Strengthening Federal Environmental, Energy and Transportation Management), he said.

#### 30-percent savings

After having already introduced several measures to better manage how lighting, heating and other energy aspects of the facility are handled, the engineers pointed to a savings of about 30 percent from January through May of this year. This entailed altering the automatic system which turned all of the lights on or off at one time, reducing air conditioner use and better heat management resulting in a savings of around €7,000 a month, Grell said.

Future potential projects include a system to better regulate when lights are turned

on or off, timed lighting in the racquetball courts and possibly a solar-generated system to heat domestic water.

Grell and Grimm added that engineers will continue to survey customer use and monitor how operations are impacted during the summer and on into fall and winter.

While the Oekoprofit initiative ensures a better/effective management of resources in conjunction with established garrison environmental programs, the engineers explained that it has "three-fold benefits." In addition to helping save energy and resources, "it helps make people more aware in the community of ways to save energy and reduce waste," said Grell. "And we spread the message to the local German community that Americans aren't the bad guys — they are proactive in

joining local companies and invite them on-post to evaluate our energy use."

"Sometimes it's helpful to know that other companies are facing similar issues, and sometimes there are very easy solutions to solving problems," said Grimm. "I think that is a big benefit for us."

At the end of the year the members of Oekoprofit will meet in Wiesbaden to examine how each company dealt with its environmental challenges, to share success stories with each other for possible future implementation and to be recognized and certified by the city of Wiesbaden for their efforts.

"That's the final proof that we are actively engaged in environmental awareness, being recognized by the public as part of the city and the local community," said Grell.

## Summer Hire .....

### Continued from page 1

Baumholder's Directorate of Human Resources. "Everyone showed up, and the kids were excited."

Students earn \$5.50 an hour in Summer Hire which is designed to give young people an opportunity to gain meaningful job experience and prepare them for future goals while supporting the U.S. military mission.

"It's a good program if you take advantage of it," said Col. Jeffrey Dill, USAG Wiesbaden commander, in welcoming the new employees during an orientation in the Flyers Theater on Wiesbaden Army Airfield. "Work hard, learn as much as you can, be safe and seek responsibility."

The new workers listened as members of the Equal Employment Opportunity, Safety, Army Substance

Abuse Program, Customer Management Services and Directorate of Human Resources described the various on-the-job support available, what is expected of them as federal employees and who their most important customers are — service members and their families. "We truly, genuinely believe that customer service matters," said Camille Howes, USAG Wiesbaden Customer Management Services program manager. "I encourage you to be professional and courteous. ... Represent the Army. Never forget that we are here to serve Soldiers and their families."

Like their fellow employees, "making the customer feel appreciated" is a vital part of the job, Howes told the youths. "Treat other people the way you'd like to be treated."

Dr. Robert Kandler, USAG Wiesbaden's deputy to the commander, encouraged the summer hires to learn from their mistakes and to ask questions when they are not sure about how to proceed.

"Come to work on time, be professional and be courteous," said Kandler. "Treat one another and the people you work with with the respect that you deserve."

Once the orientation was over youths were matched up with representatives from the various agencies and organizations in the Baumholder and Wiesbaden communities to begin their first day of work.

This year's Summer Hire jobs run the gamut from work in the Wiesbaden Amelia Earhart Playhouse to postal operations at the Consolidated Mail Room in Baumholder.

## July 4th bash to celebrate Soldiers, families

Service members and their families will be celebrated along with the nation's Independence Day July 4 on Wiesbaden Army Airfield.

During the Independence and Military Appreciation Day Celebration, which starts at 4 p.m., service members and their families will be treated to free food, rides and entertainment.

Wristbands and meal tickets for the freebies should be picked up from unit S-3 members. Contact Leslie Gaylord at [Dfmwrmarketing@eur.army.mil](mailto:Dfmwrmarketing@eur.army.mil) for more information.

"The Independence and Military Family Appreciation

Day Celebration is the Family, Morale, Welfare and Recreation's way of not just thanking the Soldiers for a job well done, but to let the families know their job can be just as hard," said Leslie Gaylord, FMWR publicity consultant.

The community-wide celebration will be held near Hangar 1034 on the airfield. It will feature food, rides, face painting, a German-American Ford Mustang Car Show, the Deutsche Bank Skyliner Dancers and fireworks.

"The day will be fun-filled with bumper cars, pony rides, a Ferris wheel, slides, kiddie

train, live entertainment and fireworks like you have never seen," said Gaylord. "Plus the Soldiers Sports Week awards will kick off the event — all starting at 4 p.m.

### Free shuttle bus

Free shuttle buses will run from Wiesbaden and Mainz-Kastel Housing Areas (and the American Arms Hotel) to the celebration site. Visit the garrison's home page at [www.wiesbaden.army.mil](http://www.wiesbaden.army.mil) and click on the "July 4th Shuttle Bus Schedule" link under Helpful links (lower left) for the complete bus schedule.



Photo by Karl Weisel

Youths show off their patriotic-themed face paintings during last year's Independence Day celebration.

## More funds for facility repairs .....

### Continued from page 1

projects and initiation of projects that improve barracks and repair facilities of deployed Soldiers, along with enhancing energy efficiency, the transportation infrastructure and community facilities.

This year's funding, coupled with favorable FY08 funding, has the cumulative impact of producing lasting improvements in facilities that up until now have historically suffered from funding challenges.

The dizzying list of projects aside, what this really means to Soldiers and families is that they will have more reason than ever to call their Europe garrison not only their homes, but also their hometowns.

"In Soldier terms this means that we in the installation management business will be eliminating some of the backlog of nagging maintenance deficiencies in our barracks and around our communities while simultaneously making some wise capital investments to our infrastructure thus improving sustainability

and quality of life," said Diane Devens, director of IMCOM-Europe. "Our ability to execute about 300 more projects than originally anticipated at the beginning of the year is simply great news for the Soldiers and families stationed in Europe."

Funding strategy and project priority development was a collaborative effort between garrisons and senior mission commanders. While not all requirements could be addressed, the collaborative approach best ensured that the most pressing maintenance needs were appropriately addressed.

Gary Berkner, chief of business operations and integration for IMCOM-Europe Public Works Division, said the funding level this year is particularly welcome.

"Because we also received specially appropriated funds in 2008," Berkner said, "these last two years have been very good for our garrisons, probably the best ever for facilities maintenance and repair work,

and that's a tremendous success story for Europe."

Indeed, every military community stands to gain in receiving the bulk of their priority SRM project funding. Examples of where the money is being spent:

- \* Transportation infrastructure: \$4.6 million;
- \* Barracks improvement: \$10.3 million;
- \* Energy products: \$13.9 million;
- \* Transformation programs: \$38 million;
- \* Community facilities upgrades: \$9.3 million;
- \* General installation improvements: \$108.2 million

"FY08 and FY09 SRM funding has been significantly above historical norms," noted Al Rasper, chief of IMCOM-Europe Public Works Division. "Over the next year to year-and-a-half we will see a number of improvements at garrisons that will enhance the quality of life for our people, increase mission capability, deliver cost savings and provide energy improvements." (Courtesy of IMCOM-Europe Public Affairs)



Photos by Jennifer Clampet

### Law enforcement partners

Staff Sgt. Walter Tobash (above left and photo right) talks with a group of 20 German police cadets at the Wiesbaden Army Airfield Military Police Station June 18. The cadets were three weeks away from graduating the police academy in Wiesbaden. The cadets each attended police training at the academy for three years and will enter the German police force as the equivalent of a lieutenant.



# 'We collectively exist to serve people'

**Garrison leader charges employees to excel**

**By Jennifer Clampet**  
*U.S. Army Garrison Wiesbaden  
Public Affairs Office*

From life as an Army brat to present-day active duty, Col. Jeffrey Dill told a crowd of more than 400 civilians, "I eat, sleep, (and) breathe the Army because it's all I've ever known."

As the new commander of the U.S. Army Garrison Wiesbaden, Dill laid out his philosophy and expectations to a group of employees at Flyers Theater June 16.

"We collectively exist to serve people," said Dill.

With an emphasis on customer service and respect for Soldiers and their families, Dill stressed that employees establish, maintain and enforce standards at all times.

Having grown up with a father in the Army, Dill said he is very familiar with the experience of being the customer on the other side of the counter.

"If you always ask yourself 'Am I doing what's best for Soldiers and their families?' then you're doing what I ask of you."



Photo by Karl Weisel

**Col. Jeffrey Dill, U.S. Army Garrison Wiesbaden commander, shares his command philosophy and expectations with his workforce.**

"If the answer is (ever) 'no,' then we're not doing what we need to do for Soldiers and their families."

Rebuking the need to be escorted for every unofficial visit to garrison offices, Dill told civilian employees not to feel threatened by his occasional look-sees.

"I do like to walk around and see the things I'm in charge of. ... I like to get around and see things with my own

eyes," said Dill, who took command of U.S. Army Garrison Wiesbaden on June 11 from Col. Ray Graham.

Graham retired after 28 years with the Army. In Graham's two years as post commander, he left a legacy of good relations with German officials and a very public participation in the 60th anniversary of the Berlin Airlift.

Dill is slated to be a three-year commander for the Wiesbaden garrison. Dill

comes to Germany from Boston, where he was assigned as the senior service college fellow at Tufts University Fletcher School.

While Dill assured employees that his occasional look-sees did not equate to surprise inspections, he did set the tone for his expectations.

"I have very high expectations for everyone who works for me," said Dill. "I expect everyone to do their best always."

Dill recited the Installation Management Command-Europe mission to "provide the Army the installation capabilities and services to support expeditionary operations in a time of persistent conflict and to provide a quality of life for Soldiers and families commensurate with their service."

Dill noted that this mission included supporting and keeping up with the ongoing transformation. Drawing from IMCOM strategies, he also stressed the importance of an innovative and progressive workforce that continues to assess ways to seek improvements.

But just as important, said Dill, was to remember that "integrity is important and never negotiable. Loyalty is always a two-way street. The workforce is the organization."

## Appointments

**Army clinics cut medical visit reminder lead time**

"Don't hang up. There's more."

That's the message Europe Regional Medical Command would like to get across to health care beneficiaries as it changes the way it gives telephone reminders for appointments.

Starting last month patients began receiving appointment reminders the evening before their scheduled medical visit. Before the change, patients received a call two business days in advance.

"A lot of people hang up as soon as the recorded message begins," said Maj. Carla Dickinson, ERMIC Clinical Operations Division. She said the real purpose of the call is to offer the patient an opportunity to either confirm or cancel the appointment. If people hold the line, they are given that option.

Even though it may seem a

bit late to cancel the night before, Dickinson said that clinic staffs can use the appointment in a number of ways. The first option is to give the appointment to another beneficiary.

The change to the shorter notification came after a majority of clinic commanders asked for it. They said the change would make life better for both patients and staff. Customer comments, for example, indicated that beneficiaries were much more likely to know if they couldn't make it to an appointment when reminded the night before.

It's also important for beneficiaries to update their telephone numbers registered with the clinics, officials said. That can be done whenever making an appointment by phone, or at the clinic counter at check-in. (ERMIC Public Affairs)



Photo by Sherree Simonson

### **Giving the gift of life**

**Department of Defense civilian employee Damon Anderson looks away as Daryl Abiera with the Armed Services Blood Bank Center-Europe puts a needle in his arm. Anderson was one of several people to donate blood during a Wiesbaden community blood drive June 25 at the Tony Bass Theater. ASBP's mission is to supply blood for service members, family members, retirees and other beneficiaries.**

## Conference addresses Iraqi women's health care

*Wiesbaden Soldiers help arrange dialogue on medical issues in Iraq*

By 1st Lt. Stephen Robitaille

421st Multifunctional Medical Battalion

Two months ago it became clear to 1st Lt. Emanuel Pierre, civil military operation officer for Task Force 421st Multifunctional Medical Battalion, that tension between male and female Iraqi medical personnel existed during joint medical conferences. Because of the culture, many Iraqi women are still hesitant to discuss certain

private medical issues in the presence of men.

To find a solution to this, a women's conference was planned to provide a venue for a free exchange of ideas and educational environment.

In conjunction with the 332nd Expeditionary Medical Group, Task Force 421st arranged for female physicians of different specialties to come to Joint Base Balad for the event. Col. Carol Pierce, chief nurse and chief of clinical operations for Task



Photos by Guy Jones

**Col. Carol Pierce and Hanna Nissan discuss health care issues with Iraqi women during a conference.**

Force 44th, remarked that the conference "was an excellent opportunity to engage Iraqi women health care professionals in dialogue regarding their health care infrastructure and potential opportunities for coalition forces and Iraqi engagements to address women and children health care issues."

Those issues included maternal health, breast cancer and

cervical health, among others. It was a mutual consensus that conferences like these are an important step in rebuilding the Iraqi health care system.

"These events facilitate direct exchange of ideas and knowledge," said Pierre. "This freedom to share information and knowledge has been missing from Iraq's medical society since Saddam Hussein took con-

trol. After he was deposed, the medical community was still in a vacuum because of the security situation. Doctors and educated professionals were targets.

"Also, we get the correct information about the Iraqi health care system directly from those working it," Pierre said. "We have found the information on the Internet, W.H.O, UNICEF and these other organizations to be wrong and incomplete."

Col. Maureen Tate, Task Force 44th deputy commander, Clinical Services, said she believes this conference is just a stepping-stone. "This conference was a good start, but it needs to expand to a larger forum; bring Iraqi women and children's health care into the national arena. Iraqi women must empower themselves to support these much needed changes."

The next event planned aimed at the continual build-up of the Iraqi health care system will be a Hospital Administration Training for leaders of Salah Ad din South Health Care facilities, Pierre said. *(The Wiesbaden-based 421st Multifunctional Medical Battalion is currently deployed to Iraq.)*

### YOUR PARTNER FOR ALL OCCASIONS

Your Partners at the corner  
Uthmannstr.8/Anton-Hehn-Str.1  
Mainz-Kostheim/Kastel

*China Restaurant*  
**Mayflower**

The right place for your next  
Hail & Farewell

Ph: 06134-258 928 \* Fax: 06134-258 988

**car-com**  
service

Your Car Audio Specialist

Ph: 06134-46 64 \* Fax: 06134-248 10  
www.car-com.de \* info@car-com.de

**LUCIA's**

GIFTS, SOUVENIRS, PLAQUES & TROPHIES

www.luciasgiftshop.com \* Lucia1901@aol.com  
06134-287 884

"Your One Stop Gift Shop"

Ask us about our Redeployment Specials  
for your Farewell Gifts



**Mongo Han**

The Far-East Restaurant

- Mongolian Barbecue •
- Asian Style Buffet •
- Japanese Sushi-Bar •
- Thaiandian Salad-Bar •

Mon – Sat 11:30 – 15:00

**BUSINESS  
LUNCH BUFFET**  
only € 6.80

Daily at dinner time &  
Sundays and Holidays  
at lunch time

**MONGOLIAN  
BBQ BUFFET**  
only € 14.80

*We're looking forward to your visit!*

Mombacher Straße 76 a

55122 Mainz

(next to old locomotive hall)

Tel.: 06131-6 00 70 60

Fax: 06131-6 00 72 32

Hours:

Daily 11:30 – 15:00

17:30 – 23:30



**Customers**

*Beautiful Nails*  
American Style

Special offer:

Full set Acrylic Nails \$30  
Fill \$22 • Solar Nails \$45  
Manicure \$15 • Pedicure \$20

Tel. 0611-50 50 208

Dotzheimer Str. 163  
65197 Wiesbaden

**Calvary Chapel  
Wiesbaden**

www.ccwiesbaden.blogspot.com

Sunday Worship - 3:30 p.m.

Tuesday Home Bible Study - 8 p.m.

Phone - 0611 - 1372883

ccwiesbaden@gmx.net

Time before the dawning of the morning, and cry for help: I hope in YOUR WORD. (Psalm 119:147)

Dotzheimer Straße 51 • Wiesbaden

**CHIROPRAKTIK ZENTRUM**  
Wiesbaden

AMERICAN TRAINED  
CHIROPRACTOR  
Gordon Janssen, D.C.

(Palmer College of Chiropractic, USA)

Langgasse 38 – 40

65183 Wiesbaden

www.chiropraktik-wiesbaden.de

CALL 06 11-1 66 72 91

# Ceremony welcomes new NCOs in Iraq

By 1st Lt. Stephen Robitaille

421st Multifunctional Medical Battalion

For the second time during their deployment, members of Headquarters and Headquarters Detachment, Task Force 421st Multifunctional Medical Battalion, held a noncommissioned officer induction ceremony to admit newly promoted sergeants into the NCO Corps.

"The trust, respect and responsibility that come along with the promotion — I now feel that I am part of the most elite leadership organization in the world," said Sgt. Donita Green, a combat medic training instructor at the Jameson Training Center. "I'm proud to have gotten here."

Twenty Soldiers were inducted from eight units within Task Force 421st and another six from Task Force 44, 421st's higher unit. Soldiers were flown in from all across Iraq to Joint



Photo by Sgt. Christopher Johnson

## Soldiers flew in from around Iraq to take part in the NCO Induction Ceremony in Joint Base Balad.

Base Balad for this once-in-a-lifetime opportunity.

Despite being in a deployed environment, 421st MMB Command Sgt. Maj. Roosevelt Mitchell said he feels it is important for this ceremony to take place.

"The NCO induction gave meaning to the duties and history of an NCO and confirmed

my place in the NCO Corps to be a leader," said Sgt. Jermire Witherspoon, a dental hygienist for the 464th Dental Company. "The ceremony gives the NCO, a feeling of joy and vision."

The ceremony began with an eternal flame presentation followed by a reading of the poem, "The Ragged Old Flag," read by Staff Sgt. Steven Walke,

mental health NCO for Task Force 421st.

Staff Sgt. Yolanda Humphrey, Task Force 421st property book NCO, followed with the reading of the history of the NCO.

A video presentation, put together by Sgt. Michael Barker, help desk NCO for Task Force 421st, was shown that captured the emotions found in the readings. After the video, the NCO Creed was recited, capturing the professionalism, integrity, standards and duties the inductees will be held to now that they are NCOs.

Sgt. Jimmie Genovese, an automated logistic supply specialist, said, "I was proud to be an NCO when seeing the symbolism and hearing the history of the NCO."

The Soldiers' requests and the recital of the NCO Creed preceded the inductees taking

their oath before crossing the Line of Authority, which is always a memorable part for the Soldiers. Soldiers walk underneath a saber arch with a sponsor and then cross the line, accepting the responsibilities that come with being an NCO.

"Once my sponsor left my side and I walked alone, it hit me that I am now accepting more responsibility," said Green. "She got me where I am today, but now I have the ability to control the rest of my path."

The Soldiers had the honor of having Multi National Command-Iraq Command Sgt. Maj. Frank Grippe as guest speaker.

"I am very honored and pleased to receive a ceremony like the one 421st presented us. They set a standard that will always be remembered in my heart for an NCO induction," said Genovese.

## Leadership: Speaker shares insights on developing skills to inspire others

By Sherree Simonson and Anna Yu  
U.S. Army Garrison Wiesbaden  
Public Affairs Office

When in grade school, parents sometimes sign their children up for the Boy or Girl Scouts. Thanks to their involvement with the Scouts they learn many qualities — among them leadership.

Curt Parker, a member of the Office of the Staff Judge Advocate and a local scout leader, shared his thoughts on leadership during the Equal Employment Opportunity Office's brown bag lunch series June 22.

He opened his lecture by describing his research on leadership in preparation for the talk. From the dictionary, he said, leadership is defined as the office or position of a leader. And a leader is defined as someone who leads.

"Leadership is a process by which one person goes before or shows the way, one who motivates the group to accomplish the task," said Parker, emphasizing that one is not born a leader, because everyone can be a leader at some point in life.

Quoting poet Ralph Waldo Emerson, Parker said, "What you do speaks so loudly — that

I cannot hear what you say."

Parker said there are important qualities one must obtain to become a good leader. One is communication. Communicating lets one reach out to people to get a feel of what special characteristics they hold.

Evaluating is another factor, because when one evaluates he or she knows what goes on and can make changes that will better improve the workplace.

Parker also expressed several quotes he said he liked from



the Boy Scout Handbook and other sources. "Be the best you can, so people can rely on you. If you settle for last place, so does the group. Get the job done and keep the group together."

Many might think you must be born a leader, but as Parker sees it, anyone can easily gain the skills and abilities to become a great leader. All it takes is confidence and the faith in one's people to get the task accomplished successfully. (Sherree Simonson and Anna Yu are Summer Hire employees with the Public Affairs Office)

## IRISH PUB

**WIESBADEN**  
Irish Pub  
Michelsberg 15  
65183 Wiesbaden  
Tel.: 0611-300849

**KARAOKE**  
Sunday & Tuesday

**OPEN STAGE**  
Wednesday

**LIVE MUSIC**  
Thursday  
Friday & Saturday

**GREAT PUBS!**  
FREE ENTRANCE

**WWW.IRISH-PUB-WIESBADEN.DE • WWW.IRISH-PUB-MAINZ.DE**

## IRISH PUB

**MAINZ**  
Irish Pub  
Weissliengasse 5  
55116 Mainz  
Tel.: 06131-231430

**KARAOKE**  
Monday & Thursday

**OPEN STAGE**  
Sunday

**LIVE MUSIC**  
Friday  
Saturday

**DR. BIANCA KNOLL - PLASTIC SURGEON (YALE/USA)**  
+++ American Standard and Care in Germany +++

<b>Aesthetic Surgery</b> Eyes, Nose, Face, Breast, Body, Liposuction, Botox ©Filler, Peels	<b>Reconstructive Surgery</b> Face, Breast, Body, Hand, Pediatric Plastic Surgery, Burns, Skin Cancer
---	--

We accept 19% VAT forms • TRICARE preferred provider  
Dr. Bianca Knoll • Savignystr. 61 • 60325 Frankfurt • Fon: 069-7422-7979  
Email: info@dr-bianca-knoll.com • www.dr-bianca-knoll.com

## DO YOU NEED HELP?

- Cleaning ( PCS, home, stairwell)
- Landscaping/ Handyman
- Accident appraisals
- Accident after-care from A-Z

Call: 01 79-1 42 17 32 • Or visit: [www.sj-service.de](http://www.sj-service.de)

## CHINA RESTAURANT

### CHINA-TOWN

中國城

**Mongolian BBQ "All you can eat"**  
Available for Lunch and Dinner!

Restaurant China Town  
Wiesbadener Str. 89-91  
55252 Mainz-Kastel  
Tel: 061 34 - 28 48 98

Wiesbadener Straße, Otto-Suhr-Ring, Am Fort Biehler, Boelckestraße, Mainz-Kastel Storage Station

## Community notes ... Community notes

### Summer Reading Programs

The Wiesbaden Library invites youngsters age 3-11 to register now for its Summer Reading Program which will feature Zumba, drama, an instrument petting zoo and more. It will be held Fridays at 9:30 a.m. July 10 to Aug. 7. Teens are invited to join the Teen Summer Reading Program to be held Mondays at 1 p.m. July 13 to Aug. 10 at the Teen Center in Hainerberg Housing. Register at the library or call civ (0611) 705-1740 for details.

### BOSS Bash

Wiesbaden's Better Opportunities for Single Soldiers program holds a BOSS Bash July 11 at 7 p.m. at the Community Activity Center on Wiesbaden Army Airfield. It will feature free food, card games, dominoes and more.

### Vacation Bible School

The Wiesbaden Chapel invites children in grades one to six to join its Vacation Bible School July 20-24 from 9:30 a.m. to 12:15 p.m. Son Rock Kids Camp will be held at Hainerberg Elementary School. It will feature camp activities, Bible lessons, music, crafts and more. Registration forms are available at [www.wiesbaden-chapel.org](http://www.wiesbaden-chapel.org). Call civ (0611) 408-0570 for information.

### Bank hours, closing

The Community Bank at the Hainerberg Shopping Center will have regular hours on Thursdays—9:30 a.m. to 4 p.m. (no late hours)—July 9 to Aug. 20. Later hours on Thursdays

will resume on Aug. 27. The bank will have reduced hours July 8 and will only be open from 1-4 p.m. The Community Banks at Wiesbaden Army Airfield and Mainz-Kastel Storage Station will have regular hours that day — from 9 a.m. to 4 p.m.

### Zumba instruction

Become a Zumba instructor by attending a class July 18 from 8:30 a.m. to 5:30 p.m. at the Wiesbaden Fitness Center. Call civ (0611) 705-5541 or email [madalene.aponte@zumbamail.com](mailto:madalene.aponte@zumbamail.com) to register.

### Kontakt barbecue

The German-American friendship club Kontakt holds a barbecue Aug. 8 at 2 p.m. at the grill area in Crestview Housing. Come out and make new friends.

### MI transformation

The 302nd Military Intelligence Battalion will hold an inactivation ceremony at 10 a.m. and the 24th MI Battalion will hold an activation ceremony at 1 p.m. July 15 in the 1st MI Battalion Hangar (Building 1036) on Wiesbaden Army Airfield.

### Girl Scout Twilight Camp

A Girl Scout Twilight Camp will be held for Brownies Aug. 24-25 from 6-9 p.m., Daisies Aug. 26 from 6-7:30 p.m. and Juniors Aug. 27-28 from 6-9 p.m. The camp will be held at the Girl Scout Hut in Aukamm Housing (Westfallen 45). Cost is \$5 for registered scouts, \$10 for non-registered scouts. Reserve a spot with Cindy Fry

at [cindykayfry@yahoo.com](mailto:cindykayfry@yahoo.com) or [wiesbadengs@yahoo.com](mailto:wiesbadengs@yahoo.com).

### Youth Services Summer 2009

Wiesbaden Youth Services features a wide variety of special summer events for registered youths in grades six to 12. Events include trips to museums, swimming,



go-carting and lots more. Sign up in Hainerberg's building 7884 or at the Central Enrollment and Registration Office in Building 1215 on Wiesbaden Army Airfield.

### New commander

Capt. Jonathan Beckmann assumed command from Capt. Jason Carney of Company C, 2nd Military Intelligence Battalion, 66th MI Brigade, in a ceremony in the Tony Bass Fitness Center June 29.

### Calling scouts, leaders

Wiesbaden Girl Scouts are open to girls ages 5 and older. Adult volunteers are needed. Contact Cindy Fry at [wiesbadengs@yahoo.com](mailto:wiesbadengs@yahoo.com).

### Rider coach training

Rider coach preparation training to become a Motorcycle Safety Foundation rider coach will be held July 13-24 at Anderson Barracks in Dexheim. For details and to register visit the U.S. Army Garrison Wiesbaden Safety Office or the safety website at [www.imcom-europe.army.mil/sites/management/so\\_atstp.asp](http://www.imcom-europe.army.mil/sites/management/so_atstp.asp). Call Helmut Schartel at mil 337-6133 for more information.

## YOUR ONE STOP SHOP

Hochheimerstrasse 111-117  
KOSTHEIM / KASTEL

## HOLLMANN US CAR CENTER

We at Auto Hollmann Auto Centers would like to invite you to stop by and visit our Collision Center. We have seven collision/paint technicians with a combined experience of years which enables us to fix your vehicle right the first time. We at Hollmann Auto Centers feel that our employees are our strongest asset so we work very hard to keep up to date with our training standards. Our techs are factory trained along with various accomplishments from the major paint manufacturers.

We have so many things to offer that all is not possible, let us just mention a few:

- Free computerized estimates without an appointment.
- Direct repair shop with most major insurance companies.
- Drive on frame and unibody straightening rack for both full frame and unitized vehicles.
- We have our own paint mixing system to match even the toughest colored vehicles.
- We offer a complete line of repair including engine repair and alignments.
- Authorized GM warranty shop — Authorized Ford warranty shop
- 24 hour towing at 0171-6538059
- We offer repairs on all makes and models.
- Lifetime warranty on all workmanship.
- Inexpensive transportation/loaner vehicle.
- Accurate Measuring System
- Our OEM Parts coming direct from States—each week
- Tax free with Vat Form

Call or swing by Monday to Friday from 7 am to 7 pm



Hochheimerstrasse 111  
55246 Kastel / Kostheim  
Phone 06134-3381



Emergency + Roadside Phone 24H:  
0171 - 653 80 59

## WEEKEND RENTALS FROM

€ 29,99 A DAY \*

DON'T WAIT. THE FUN STARTS AS SOON AS  
YOUR WEEK ENDS.  
HERE'S HOW TO START SAVING

- Reserve an compact car
- Get the weekend rates early as 1600 pm Thursday
- Don't forget is a 3 day maximum on your rental
- You get the car on Thursday and pay at Friday 900
- Return your car by Monday 900 am or higher daily rates apply

Call for reserve the car H.u.K GmbH in Mainz Kastel 06134 - 2592718  
\* with VAT Form

## AvD for Help

ON AND OFF THE ROAD IN COMPLETE EUROPE

Emergency road service is available 24 hours a day, 7 days a week and is designed to assist you in an emergency when the vehicle you are either driving or riding in becomes disabled. Your membership coverage applies to those emergency and towing services in complete Europe. Used good service for low price in Europe! **SAVE \$\$\$**

**Only € 44,00\* yearly**

\*For soldiers under 27 years.  
Mainz Kastel, Call 06134 - 2592718

**MAKE A GREAT DEAL!  
SAVE \$\$\$**

**GET YOUR PERSONAL  
DISCOUNT COUPON**

[www.Hollmann.us](http://www.Hollmann.us) - US PAGE - COUPON

## IT'S "MIDSOMMAR" MAGIC!

Great extras, no extra cost. Save up to \$4,825\*  
Great Summer Savings on Volvo C30, C70, S40, S80, V50, V70, XC70 & XC90.  
Volvo Military Sales Wiesbaden / Mainz offers the "MIDSOMMAR PKG"

Example:  
2010 Volvo C70 From \$35,000  
+ Metallic Paint  
+ Climate Pkg.  
+ 2 pre-selected single options  
Maximum saving \$3,828



**Autohaus Haese**  
Source, Specialist & Military Sales

[www.autohaus-haese.de](http://www.autohaus-haese.de)

06134 - 28 49 43

[luigi@autohaus-haese.de](mailto:luigi@autohaus-haese.de)

# Community gets \$11 million in SRM funds

**By Ignacio “Iggy” Rubalcava**

*U.S. Army Garrison Baumholder  
Public Affairs Office*

Baumholder has an appointment for an \$11 million facelift. That’s Baumholder’s share of this year’s Sustainment, Restoration and Modernization funds that Installation Management Command-Europe officials have released this year.

“This windfall is the first opportunity to play catch up from years of underfunding. Now that Baumholder is enduring, we must repair the buildings and infrastructure so we can continue to provide first-rate support to the customer,” said Jerry Walters, director of the Directorate of Public Works.

Sustainment, Restoration and Modernization funds are earmarked specifically for the improvement of buildings such as barracks and libraries as well as street lights, roads and infrastructure. According to IMCOM-Europe officials, this is the first year that garrisons in Europe have ever received 100 percent of their authorized SRM funding.

Baumholder has 22 projects that will benefit from the \$11 million. One Baumholder project that has developed high



Photo by Ignacio “Iggy” Rubalcava

**The Dispensary Child Development Center and other buildings in the clinic compound will benefit from the \$11 million facelift.**

visibility in the community is the renovation of four buildings in the clinic complex.

Work in the clinic complex includes the renovation of two floors in Building 8745, two floors in Building 8743, one floor in Building 8747 and one floor in Building 8744.

## ACS to move

When work is completed Army Community Service will move into Building 8745.

Garrison functions that support Soldiers and families will move into the other newly renovated spaces.

The funds for the last two projects on the list will be used to fund an additional project in the clinic complex. The two long hallways that connect all the buildings together will be renovated.

Finally, the garrison is funding a project to patch and paint the exterior of the buildings.

The work includes new electrical, suspended ceiling and lighting, new wall and floor coverings, new toilets, etc.

Another high visibility project is the renovation of the interior of the Rheinlander Club. This building is the centerpiece

of the garrison and the interior is old and deteriorating.

The Garrison is adding \$650,000 to this project bringing the total for the Rheinlander renovation to \$1.9 million.

The ballroom, dining rooms and hallways in the Rheinlander will be renovated with new flooring, wall coverings and lighting.

The hallways, offices and toilets will be renovated with new fixtures and lighting.

The kitchen will be updated with better ventilation, better workflow and new kitchen equipment.

Other Baumholder projects include the renovation of the interior of the three child development centers, replacement of old and leaking heating lines in the 8200 barracks area, repair of the road and parking areas around the garrison theater and an array of energy-saving initiatives.

“In addition to the \$11 million, the garrison is receiving an additional \$14 million to do renovation work in family housing apartments and other facilities,” said Walters.

Other work that the additional funding will cover includes:

- Replacing the floor and seats in the high school playhouse;
- Replacing the roof on the post theater;
- Minor renovations to all of the barracks which were completed while Soldiers were deployed;
- Major work to repair badly damaged roads on post;
- Major work to renovate motor pools and headquarters buildings.

“The garrison is working the rewrite of the Master Plan which will help manage the future development of the post,” said Walters.

## Soldiers continue to unwind after block leave

# Warrior Adventure Quest helps ‘reset’ the Soldier

**By Ignacio “Iggy” Rubalcava**  
*U.S. Army Garrison Baumholder  
Public Affairs Officer*

Soldiers returning from block leave have a chance to continue to unwind by challenging the white water rapids of the Saar River, discovering scuba diving, taking on a high ropes course, doing some high-speed biking or challenging others on the paintball field.

These activities have all been packaged into a program called Warrior Adventure Quest, a high adventure Outdoor Recreation program combined with Battlemind as part of the Army’s holistic approach to reset. It is focused specifically toward Soldiers who have returned from Iraq.

Five, high adrenaline-burning outdoor activities including mountain biking, paintball, high ropes, kayaking and scuba diving are offered July 13 through Oct. 16. The goal is to replicate that adrenaline-burning experience of a

war zone in a safe environment.

All activities will be scheduled through the units and are absolutely free to the Soldiers. The only things Soldiers pay for are food and drinks during the longer activities.

“What the Army says is everyone should go through Warrior Adventure Quest,” said Greg Galloway, director of Family, Morale, Welfare and Recreation in Baumholder.

“The entire returning and unwinding process actually began with boots on the ground at the Hall of Champions, followed by reintegration and block leave.

“After reintegration, after block leave, Warrior Adventure Quest is the continuing path to returning,” said Galloway.

There will be a processing after the experience to help Soldiers relate the high-energy experience to what they might have experienced before.

Leaders will help Soldiers make the connection between the high-intensity, up-tempo environment down range to their adventure quest experience, in a positive way.

“The Army wants to see Soldiers reset to their new normal in a controlled safe environment. They may never be the way they were, but there are ways to find your new normal,” said Galloway.

Army Community Service will train leaders to facilitate the experience. Different people react differently so trained facilitators will help Soldiers relate their experiences during their Warrior Adventure Quest activities to their experiences down range.

While the units will facilitate the process of providing Soldiers for the various activities, Outdoor Recreation will facilitate the activity.

“This is a DoD-funded program that is offered at no cost to the Soldiers after block leave,” said Craig Edwards,

Outdoor Recreation director. “We’re expecting paintball—we have the biggest paintball field in Europe—and white water rafting to be our main activities,” said Edwards. White water rafting will be offered on the Saar River near the Luxembourg border.

“We’re lucky we can offer so many activities. Baumholder’s location and the time of year makes this possible,” said Edwards.

“We expect diving will also be one of our big programs because the guys just came back from the desert and want to get away from everything except water,” said Edwards.

Edwards pointed to a unique advantage that enables the staff of Baumholder Outdoor Recreation to relate to the program. “Every one on our staff is a combat vet. Every one of us has a story to tell. All of us have a strong dedication and understanding. I think that is an unusual combination to have.”

# Customs a must when selling cars in Germany

If you just returned from deployment and your car is not what you remembered it to be, you will probably want to get rid of it and trade up for a newer model. If you sell it to an American ID cardholder, no problem. If you sell it to a non-ID cardholder without permission from the U.S. Forces Customs Office, big problem.

U.S. personnel can avoid big trouble by getting a customs Permit to Transfer when transferring a U.S. Army Europe-plated vehicle to a non-ID cardholder in Germany.

"It is essential to get a Permit to Transfer before you sell, donate or transfer a car to a German car dealer, junkyard or person who is not an ID cardholder," explained Fred Evans, chief of services at the USAREUR Customs Executive Agency in Mannheim. This

applies even if the vehicle was wrecked in an accident and you did not receive any money for it, he added.



If you do not obtain this permit you will eventually fail to clear vehicle registration when it is time to PCS. Customs

authorities also may require you to prove what happened to the vehicle.

"This is obviously very difficult if the car was crushed long ago and you are in the middle of clearing out of Europe and have no record of where the car went," Evans continued. If you cannot show what happened to the vehicle, you may be identified in a Military Police report and subject to disciplinary action.

The Permit to Transfer (AE Form 550-175B) is available at the U.S. Forces Customs Office in Baumholder. Call the Customs Office at mil 485-7442 or civ (06783) 6-7442.

More information on selling personal property in Germany the right way is available online at [www.hqusareur.army.mil/opm/custom2.htm](http://www.hqusareur.army.mil/opm/custom2.htm) or by contacting the Baumholder U.S. Forces Customs Office.

Photo by Ignacio "Iggy" Rubalcava

**Even if you junk your car on the economy, you need permission.**

# No need to 'crack the code' to federal employment

**By Ray Figueroa**  
*Soldier and Family Assistance Center*

Many find themselves wondering how they can "crack the code" to federal employment. Yet, landing the "perfect" job has little to do with codes or tricks of the trade. Instead, finding and qualifying for federal employment requires time, energy and skills. It calls

for dedication and persistence. Job openings, especially federal job opportunities, are normally available for a very short period. The question is, when you find the perfect job opening, will you be ready to compete for it?

The Baumholder Employment Readiness Program gives you the tools you need to become more competitive and make yourself stand out. The

program offers information and referral services in the areas of employment, education, training, transition and volunteer opportunities to give family members the edge they need to succeed.

The Employment Readiness Program offers a wide range of services to include resume development, local job market research, home-based business

opportunities, on and off-post job listings, career counseling, Internet access and a resource library. The program also offers a variety of workshops, as well as individual training sessions.

While you develop your job search campaign, the ERP office operates as your office. We want you to feel welcome, so make yourself at home and

use the facilities at Army Community Service. The office is located on the second floor of Building 8746, in the Health Clinic complex. Computers, fax machines and employment resource books are available for your use in preparing your resume and cover letter, and while searching for jobs online. Stop by today or call mil 485-8188.

## MP company deploys to Afghanistan

In the wake of the return of the 2nd Brigade Combat Team to Baumholder after a 14-month deployment in support of Operation Iraqi Freedom, the 92nd Military Police Company cased its colors during an official farewell ceremony June 11 at the Hall of Champions. The unit deployed to Afghanistan June 17. The MPs are expected to remain in Afghanistan for 12 months.

Photo by Stacy Theresa Graham



# Novel H1N1 influenza case confirmed

A case of novel H1N1 influenza was confirmed recently in an active duty female Soldier living in the Baumholder community who recently returned from leave in Texas.

According to Europe Regional Medical Command Preventive Medicine consultant Col. Evelyn Barraza, the Soldier was placed on home isolation in family quarters on post and received antiviral treatment.

Her 5-year-old daughter, who spent approximately six hours June 17 at the Smith Child Care Center in Baumholder in an age-designated room with 13 other children, was evaluated at the Landstuhl Regional Medical Center emergency room on the evening of June 17 due to

fever and started on treatment with Tamiflu.

U.S. Army Garrison Baumholder officials were notified of the situation and began working closely with the Baumholder Health Clinic.

"Our health clinic people have really engaged on this, and we are following their recommendations," said Fred Wegley, USAG Baumholder deputy garrison commander. "We will all be monitoring the situation closely and keeping the community informed," said Wegley.

Wegley added that child care center workers talked to parents of children who were in the same room.

"I was told the parents understand the situation and do

not seem overly concerned at this point," said Wegley.

The day care center nurse reported that only three of the 13 room contacts attended day care the following day. However, many families in the Baumholder area are projected to begin block leave and may have travel plans out of the community.

All 13 families were contacted by phone and informed of the situation and what precautionary measures to take, according to Maj. Detra Jackson, the Baumholder public health emergency officer. They were advised to keep their children home from day care through June 19.

"None of the families have travel plans this weekend, so the

travel during unit block leave is not an issue," said Barraza the day the H1N1 case was confirmed. "Baumholder Public Health will contact families again tomorrow for additional information, guidance and questions," said Barraza.

Barraza said two close family contacts were identified and were started on antiviral prophylaxis due to close contact with the 5-year-old during an overnight stay and during frequent visits with family earlier in the week.

"They are all doing well and are presently negative for initial viral testing," Barraza said. "We will continue to monitor for symptoms."

Day care center workers and Baumholder Army Health

Clinic medical personnel, including a public health emergency officer, were on hand June 18 as parents took their children to day care.

The officials talked to each one of the parents and provided them information about H1N1 symptoms and prevention.

Barraza recommends good personal hygiene, including thorough hand washing and covering sneezes, to help contain the spread of H1N1 influenza.

The Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov) or the U.S. government's Pandemic Flu website at [www.pandemicflu.gov](http://www.pandemicflu.gov) offer information about H1N1 influenza and tips on how to prevent its spread.

## Preventing spread of H1N1 influenza

# Precautions can curb spread of infection

Novel H1N1 is a new influenza virus causing illness in people in the United States and many countries. The virus is spreading in much the same way that regular seasonal influenza viruses spread, mainly from person to person through coughing or sneezing.

Transmission via large-particle respiratory droplets requires close contact between persons because the droplets do not remain suspended in the air and generally travel only a short distance (less than six feet). Sometimes people may become infected by touching something with the flu virus on it and then touching their mouths or noses. Examples of close contact include kissing or embracing, sharing eating or drinking utensils, physical examination or any other contact between persons likely to result in exposure to respiratory droplets. Close contact typically does not include activities such as walking by an infected person or sitting across from a symptomatic patient in a waiting

room or office.

The estimated incubation period for H1N1 virus is similar to regular influenza and is typically one to four days. This is the time from exposure to the appearance of symptoms. A person who becomes sick with the H1N1 virus may be contagious from one day before they develop symptoms to up to seven days after they get sick. At this time there is no vaccine available to protect against novel H1N1 virus. However there are everyday actions that can help prevent the spread of germs that cause respiratory illnesses such as influenza.

General preventive measures for people to take to help protect themselves:

- Cover nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the trash after use.

- Wash hands often with soap and water, especially after cough or sneeze. Alcohol-based hand cleaners are also effective.

- Avoid touching eyes, nose or mouth. Germs spread this way.

- Try to avoid close contact with sick people.

- Stay home when ill to keep from infecting others and spreading the virus further.

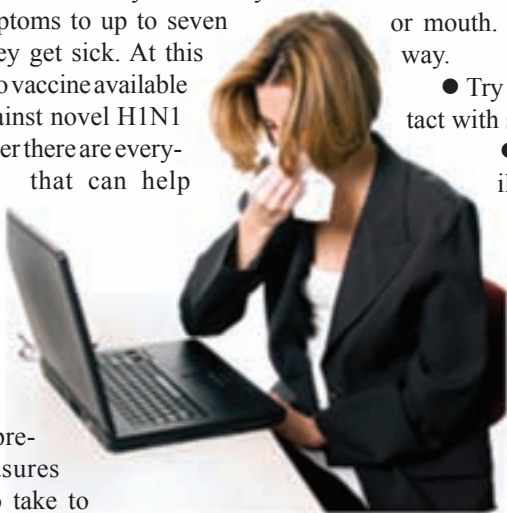
Public health recommendations are for people with novel H1N1 flu to avoid contact with others as much as possible.

They should stay home from work or school for seven days after the onset of illness or until at least 24 hours after symptoms have resolved, whichever is longer. Staying at home means not leaving the home, except to seek medical care, and avoiding normal activities such as work, school, travel, shopping, social events and public gatherings.

The symptoms of novel H1N1 flu virus are similar to the symptoms of seasonal flu and include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some individuals have also reported diarrhea and vomiting.

In the U.S., many patients who have had novel influenza (H1N1) virus infection have had a self-limited respiratory illness similar to typical seasonal influenza.

These individuals have not typically required antiviral treatment unless they were at a higher risk for influenza complications or were hospitalized.



## Community urged to take protective measures against flu

The U.S. Army Garrison Wiesbaden commander encourages proactive preventive measures regarding the recent case of novel H1N1 influenza in the Baumholder community.

Everyone is advised to take precautions by washing hands often, covering nose and mouth when coughing or sneezing and avoiding touching eyes, nose or

mouth and to stay home if sick. Influenza is spread mainly person to person through coughing or sneezing.

The symptoms of the H1N1 flu virus in people are similar to the symptoms of seasonal flu and include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. It is expected

that most people will recover without needing medical care. If you are seriously ill or have difficulty breathing, pain or pressure in your chest, sudden dizziness or confusion seek medical care immediately.

People at higher risk of serious complications from seasonal flu include people younger than 5 and over 65 years old,

pregnant women, people with chronic medical conditions (such as asthma, diabetes, or heart disease), and people who are immunosuppressed. Stay informed, listen to AFN, and continue to follow general precautions as posted on the Centers for Disease Control and Prevention website at [www.cdc.gov](http://www.cdc.gov) or the U.S. government's

Pandemic Flu website at [www.pandemicflu.gov](http://www.pandemicflu.gov).

Visit the Wiesbaden garrison's home page at [www.wiesbaden.army.mil](http://www.wiesbaden.army.mil) and click on the H1N1 link for more information, or go to the Baumholder website at [www.baumholder.army.mil](http://www.baumholder.army.mil) and click on the links listed under "Flu update."

## MWR roundup ... MWR roundup ... MWR roundup

### Rolling Hills Golf Course

The Rolling Hills Golf Course will have Thursday Night Scrambles all summer long.

There are also free, professional golf lessons offered two Mondays a month. Call the pro shop for more information at mil 485-7299/6172 or civ (06783) 6-7299/6172.

### Auto Parts Yard

The Auto Parts Yard offers used cars, used parts, towing and car disposal services. Summer hours are noon to 8 p.m., Tuesday to Friday and 10 a.m. to 6 p.m. on Saturday. They will be open 10 a.m. to 6 p.m. on Installation Management Command training holidays but closed on U.S. holidays.

### Story time

Story time for pre-school age children is every Thursday at 10:30 a.m. at the library. For more information call mil 485-1740 or civ (06783) 6-1740.

### Summer reading

Starting July 6 the Summer Reading Program will be open for all children from pre-school to grade 12.

### Fourth of July shuttle

Free bus service will be available to and from the Independence Day celebration at Ramstein Air Base. For more information call mil 485-6115 or civ (06783) 6-6115.

### Redeployment programs

The Outdoor Recreation redeployment program features activities designed for returning Soldiers and family members during their time spent in Baumholder. For details on trips and activities call mil 485-7182 or civ (06783) 6-7182 or visit the Baumholder website, [www.baumholder.army.mil](http://www.baumholder.army.mil).

### Outdoor Recreation trips

An Austria Adventure trip and Pula Dive trip are offered through Outdoor Recreation. For details on trips call mil 485-7182 or civ (06783) 6-7182.

### Scuba certification

Outdoor Recreation offers classes every weekend through the summer. All dive gear and study materials are supplied.

Get Ready For A Rockin' Time At...

**CROCODILE DOCK**

**August 3-7, 2009**  
**8:30am-11:30am**  
**Smith Elementary School**

**Ages: Those who have completed Kindergarten through those who have completed 6th grade**

**Register Today!**

<http://www.groupvbs.com/webtoybox/myvbs/baumholdervbs09>

USAG Baumholder Chaplains Office  
485-1570 or civ 06783-6-1570



Instruction and five open-water dives in Kronau Lake with the SSI Pros are also included. Cost is \$325 per person. Advanced certification is also available. For more information call Outdoor Recreation at mil 485-7182 or civ (06783) 6-7182.

### German hunting course

An eight-week German hunting course is offered through the Rod and Gun Club and meets two times during the week. The trip includes weekends to become a licensed hunter in Germany (with all weapons privileges).

Cost is \$150 per person, with 15 people needed to make the course a go. For more information call Outdoor Recreation at mil 485-7182 or civ (06783) 6-7182.

### Fishing course

Learn the skill of fly-fishing from a certified German fishing guide with a one-day Rod and Gun Club introduction course. Tackle and day pass are included. Cost is \$80/\$180 per person. Course requires an eight-

person minimum to make the course a go. Outdoor Recreation also offers intensive three-day courses. For more information call Outdoor Recreation at mil 485-7182 or civ (06783) 6-7182.

### Fitness, free classes

Fitness Boot Camp, salsa classes, basketball, yoga and afternoon spin are offered for free. For more information call the Sports Office at mil 485-6671. New classes include pilates and beginner's yoga, both at the Mountaineer Gym.

### Strikers Birthday Party Program

Strikers now has a Birthday Party Program. You can choose from girls, boys and sports themes, favor packs and helium-filled balloons.

You can download the pack of party options online at [www.baumholder.army.mil](http://www.baumholder.army.mil) or call Strikers at mil 485-6569 or civ (06783) 6-6569 for more information.

### Strikers bowling tournaments

Strikers Bowling Center offers a variety of tournament styles.

Those who participate in the Low Score Tournament compete for the lowest score to win cash prizes. Sign up early by calling Strikers at mil 485-6569 or civ (06783) 6-6569.

### Youth sports physicals

Sports physicals remain valid for one year. To schedule an appointment, call mil 485-7003 or civ (06783) 6-7003.

### SKIES instructors needed

There is a need for SKIES instructors. You can make money, tutor or teach children skills such as sewing, playing guitar, dancing or any special skill or craft for which you have firsthand knowledge or experience. Contact SKIES at mil 485-7276 or civ (06783) 6-7276 for more information.

### SKIES classes

Gymnastics classes, tae kwon do, keyboard and piano lessons and conversational German are being offered through the SKIES program. For enrollment or details on each class call mil 485-7003 or civ (06784) 6-7003.

## Host nation events ... Host nation events ... Host nation events

### Around the town

July 3-5, Rheinland-Pfalz State Fair at Bad Kreuznach  
July 4, Flea market at Hom-burg-Saar  
July 4, "Mixery Castle" at Thallichtenberg Castle (Techno Party) entrance fee.  
July 4-5, Summer Fest at Berglangenbach, Markthalle  
July 6, Market at Kirn, 9 a.m. to 2 p.m.  
July 10-12, Fishermen Fest at Heimbach, Besenbinder-halle  
July 11-12, IVV Volksmarch at Asweiler/Saar

July 18-19, IVV Volksmarch at Reitscheid  
July 24, Opera "Carmen" at Kyrburg Castle, Kirn. Entrance Fee  
July 28, Annenmarket at St. Wendel, pedestrian zone  
Aug. 1, Flea market at Hom-burg/Saar  
Aug. 1, Caribbean night at Idar, Schleiferplatz  
Aug. 1, Castle rock at Thal-lichtenberg Castle. Entrance fee  
Aug. 1-2, Medieval market at Freisen, Naturwildpark  
Aug. 1-2, Gem cutter and

goldsmith market, Oberstein, pedestrian zone  
Aug. 3, Market at Kirn, 9 a.m. to 2 p.m.  
Aug. 7-9, International competition of magicians at St. Wendel, pedestrian zone  
Aug. 8-9, Fountain Fest at Mettweiler  
Aug. 8, Palatia Jazz at Thal-lichtenberg Castle. Entrance fee  
Aug. 16-18, European-cup competition of scooters at St. Wendel  
Aug. 21-23, Old City Fest in downtown Baumholder

Aug. 29-30, Castle Fest at Kyrburg Castle, Kirn  
Aug. 30, "Nabucco" at Thallichtenberg Castle. Entrance fee  
Sept. 7, Market at Kirn, 9 a.m. to 2 p.m.  
Sept. 4-8, Kusel Fall Fair  
Sept. 5-8, Prämiemarket at Birkenfeld  
Sept. 5, Flea market at Hom-burg/Saar  
Sept. 11-15, "Wurstmarket" at Bad Dürkheim (largest wine fest)  
Sept. 13, Farmers market at Berglangenbach

Sept. 18-21, "Wurstmarket" at Bad Dürkheim (largest wine fest)  
Sept. 18-19, International Mountain Bike Marathon at St. Wendel  
Sept. 19-20, International Jazz Days at St. Wendel Saalbau. Entrance fee  
Sept. 19-21, Baumholder city fair, market on Monday.

**JOE SATELLITE**  
Digital-Sky. AFN  
TEL: 0631 343 1418  
MOBILE: 0171 684 6926  
[www.joesat.com](http://www.joesat.com)



Photo by Paola Krueger

## Joining one of the world's largest runs

Runners take off at the start of the J.P. Morgan Corporate Challenge 5.6-kilometer run in Frankfurt June 17. A team of 19 runners from the U.S. Army Garrison Wiesbaden, made up of host nation and U.S. civilian employees, joined the more than 69,000 athletes filling the streets of the city for the annual race which encourages fitness in the workplace and environmental awareness. More than 2,700 firms were represented at the run which was won for the second year in a row by 28-year-old Raphael Schäfer in a time of 15 minutes and 59 seconds. Jenny Schulz was the fastest

woman runner, finishing in a time of 19:10. Photo below: USAG Wiesbaden's Beate Zuber poses for a photo with Hessen Minister President Roland Koch at the race. Photo right: USAG Wiesbaden's Chris Wolfe and fellow runners blur by during the race. Teams of runners from the U.S. military community are invited to join their German neighbors in Wiesbaden's annual 25-hour charity run in September. Stay tuned for details.



Photo courtesy of Beate Zuber



Photo by Paola Krueger

# The Edge!



Six-year-old Morgan Jordan waits her turn to answer questions as 10-year-old Nazarene Valerio looks on during The Edge! puppet workshop session at the Wiesbaden Library.



Personal trainer Maria Diaz shows youths some Zumba moves during the SAS Edge! program at the Wiesbaden Fitness Center. Photo right: Seven-year-old Sally-Ann Nunnery participates in The Edge! puppet workshop June 22 at the Wiesbaden Library.

**New program brings cutting-edge activities to children**



Fitness and Zumba instructor Maria Diaz works up a sweat teaching Zumba in the SAS Edge! program at the Wiesbaden Fitness Center June 22.

**Story and photos by Jennifer Clampet**

*U.S. Army Garrison Wiesbaden Public Affairs Office*

The results of the Teen Center's June Food for Thought survey screamed from the page.

"We want swimming. We want fitness classes. We want rock climbing and bowling and horseback riding."

Wiesbaden's Venturepoint specialist Steven Hall smiled at the laundry list of activities.

Wiesbaden youths may be living in Germany, a world away from their Stateside counterparts, but that shouldn't diminish the opportunities for fun, Hall said.

In June, Family, Morale, Welfare and Recreation and Child, Youth and School Services started pilot programs for The Edge! — a year-round program designed to provide young people with access to free "cutting-edge activities" like those requested by Wiesbaden teens.

"The primary focus is to make sure teens aren't sitting around bored all summer," said Aaron

Chapuis, Wiesbaden's youth program director.

"We're just trying to make sure all teens have something positive to do all summer and throughout the year."

The Edge! takes youths to planned activities within the Wiesbaden community and at FMWR facilities such as the Wiesbaden Bowling Center, Rheinblick Golf Course, Outdoor Recreation, the Wiesbaden Fitness Center and the Wiesbaden Arts and Crafts Center.

"It's all about letting the kids have the same opportunities, if not more opportunities than they would in the States," said Hall.

The Edge! is also another push by CYSS and FMWR to engage school-age children in more activities.

"The goal is to reach more kids and serve more kids," said Chapuis.

According to CYSS, military teen centers in Europe are reaching about one in five middle-school-age teens with regular programming.

The goal is to reach 35 percent of middle school

teens — a goal that Wiesbaden CYSS officials say their programming is already accomplishing. The Edge! simply adds to the activities CYSS offers through its newly renovated Teen Center and additional programs such as Youth Services Sports and Skies Unlimited.

**About The Edge!**

The Edge! activities last for four-week sessions. All activities are staffed with an FMWR instructor and a CYSS staff member. Each activity provides a snack for participants.

Transportation from the Hainerberg SAS and Hainerberg Youth Services Teen Center departs at 2:30 p.m. and returns by 5:30 p.m.

This summer, the Wiesbaden Edge! is offering two programs — one for teens and another for children in SAS Summer Camp.

**Teen Edge!**

The Edge! for Teens is open to youths ages 12-18. Participants must be registered with Wiesbaden CYSS before enrollment in any Edge! activity. The registration is simply a way to enter a child into the

CYSS system. There are no fees associated with the registration or with The Edge! programming. Some activities will take place on the economy in Wiesbaden with CYSS staff present.

With The Edge! teens can stay busy with anime drawing lessons on Wednesdays, golf lessons from a professional golf instructor on Mondays or Fridays and bowling on Tuesdays.

**SAS Edge!**

This summer's SAS Edge! for youths ages 6-11 is a pilot program and limited to children enrolled in the CYSS SAS Summer Camp.

But Edge! programming for youths ages 6-11 will have general enrollment this fall, said Hall.

SAS members are enjoying Zumba lessons, boot camps, wall climbing, puppet workshops, bowling and a Kids Fit program.

For more information or to enroll in The Edge! activities contact Central Enrollment and Registration at mil 337-7928 or visit WAAF Building 1215.



Paul Crawford shoots a layup at the Wiesbaden Fitness Center during his SAS Edge! strength training session June 24. Photo below: Six-year-old Isabella Myles and Camp Adventure worker Lori Mankin get into the steps during a SAS Edge! Zumba class.



**New FMWR apprenticeships get teens beyond Hired!**

Next term for Hired! begins July 5

Child, Youth and School Services and Family, Morale, Welfare and Recreation facilities have teamed up to offer teens a taste of the real world.

Hired! offers teens ages 15-18 apprenticeship positions at FMWR facilities.

Hired! is designed to help teens build a resume with job skills and goals and asks teens to think beyond the "getting hired" stage.

"Hired is geared toward those kids with future goals of college or a career path," said Steven Hall, Venturepoint specialist.

Teens are required to attend three



professional development classes before being accepted into the Hired! program.

The Youth Services Teen Center offers such classes weekly which include topics such as Communication in the Workplace, Appropriate Workplace Attire, Equal Employment Opportunity, Interviewing Techniques and Resume Writing.

The apprenticeships require teens to work 15 hours a week for 12 weeks.

**University recognition**

Kansas State University has agreed to recognize the program and will issue each participant who completes the program a certificate of completion and each teen a \$500 cash school award.

The new term for Hired! begins July 5.

Visit [www.armygermany.com](http://www.armygermany.com) to download an application for the Hired! program.

On the applications, teens should put in their top three choices of FMWR facilities for which they'd like to work.

For more information on Hired! contact Steven Hall at [steven.d.hall@eur.army.mil](mailto:steven.d.hall@eur.army.mil).

**By Donald Seltzer**  
U.S. Army Garrison  
Wiesbaden Volksmarch  
Editor

## Take a hike: A guide to volksmarching in the Baumholder/Wiesbaden area

### Volksmarching notes

✂ Readers are asked to pick up an extra set of event brochures and mail them via MPS to Donald Seltzer, CMR 467 Box 5533, APO AE 09096 so that there are no gaps in this column.

✂ Look for additional event choices in the online version of Take a Hike on the U.S. Army Garrison Wiesbaden's website at [www.wiesbaden.army.mil/hunior/Takeahike.htm](http://www.wiesbaden.army.mil/hunior/Takeahike.htm).

✂ This edition marks the beginning of my 18th year as the volunteer writer of the Take a Hike feature. Woo hoo. Maybe they'll offer me a paid position when I hit 20 years.

✂ The *Postleitzahl*, or postal code, is included in the listings for readers using navigation devices to reach an event.

✂ Would you like to receive Take a Hike at the same time as the *Herald Union* editor — a week or so before publication — and be the envy of your volksmarching friends? The complete, unedited version of this monthly feature is available in its original Microsoft Word document format by sending an email message to [volksmarch@gmail.com](mailto:volksmarch@gmail.com) with "subscribe" in the subject line.

### Weekend of July 4-5

**L**angenlonsheim (55450) — This event is midway between Bad Kreuznach and Bingen. From Bad Kreuznach use B-41 and B-48 north to reach the start. From points east, use Autobahn 60 to Bingen and 61 toward Koblenz. Exit at Dorsheim and backtrack a bit toward Laubenheim to pick up B-48 and the start.

**Start:** Gemeindehalle **Saturday:** 6 a.m. to 2 p.m. (5, 10 and 20 km) **Sunday:** 6 a.m. to 1 p.m. (5, 10 and 20 km)



**Trail:** Fairly hilly, fields and woods **Award:** None.

**W**iesbaden-Naurod (65207) — Readers are offered scenic trails in the Taunus region north of Wiesbaden. Wiesbaden residents may use B-455 to reach the start at Naurod. From points east use Autobahn 3 toward Köln and exit at Wiesbaden/Niedernhausen to drive a short distance to the start.

**Start:** Kellerskopfhalle at Laurentiusstraße 36 **Sunday:** 7 a.m. to 2 p.m. (6 and 10 km) and 7 a.m. to 1 p.m. (20 km) **Trail:** Hilly, woods **Award:** From previous events.

### Weekend of July 11-12

**S**ohren (55487) — This walk puts you near Hahn Airport, home of Ryanair. Events in the Hunsrück area are always pretty and this one shouldn't be an exception. Drivers should make their way to B-50 using the Rheinböllen exit of Autobahn 61 or B-421 from Idar-Oberstein or Bad Kreuznach. Once on B-50, drive in the direction of Bernkastel-Kues. Sohren is at the bottom of a triangle formed by routes B-421, B-327 and B-50.

**Start:** Bürgerhalle at Talstrasse 1 **Saturday:** 6 a.m. to 2 p.m. (6 and 10 km) and 6 a.m. to 1 p.m. (20 km) **Sunday:** 6 a.m. to 2 p.m. (6 and 10 km) and 6 a.m. to noon (20 km) **Trail:** Fairly hilly, woods and fields **Award:** None.

### Weekend of July 18-19

**A**arbergen-Panrod (65326) — This event is north of Wiesbaden in the scenic Naturpark Rhein-Taunus. Use Autobahn 3's Bad Camberg exit and a secondary road leading to the start at Panrod. Wiesbaden's readers may alternately use B-417 toward Limburg until reaching a secondary road to Ketterschwalbach and Panrod.

**Start:** Palmbachhalle on Kettenbacher Weg **Satur-**

**Spall (55595)** — This event offers walking trails in the area roughly between Idar-Oberstein and Bad Kreuznach. Use B-41 and head toward Waldböckelheim (west of Bad Kreuznach). Pick up a secondary road heading north through Bockenau and Allenfeld to reach Spall. IVV directional signs will be available from the Autobahn 61 exits of Rheinböllen and Waldlaubersheim.

**Start:** Fest tent at Gräfenbachstraße 36 **Saturday and Sunday:** 7 a.m. to 2 p.m. (6 and 10 km) and 7 a.m. to noon (20 km) **Trail:** Fairly hilly, fields and woods **Award:** None.

### Weekend of July 25-26

**F**r Frankfurt-Goldstein (60529) — This event is sponsored by the German-American VSV Frankfurt 1977 volksmarch club and easily reached via auto or public transportation. Use the Frankfurt-Niederrad (Bürostadt) exit of Autobahn 5. Note that this exit is available northbound only. Southbound drivers should reverse their direction at Frankfurter Kreuz. IVV directional signs will lead to the start.

**Start:** Carl von Weinbergschule **Saturday:** 7 a.m. to 2 p.m. (6, 11 and 20 km) **Sunday:** 7 a.m. to 1 p.m. (6, 11 and 20 km) **Trail:** Mostly flat and stroller-friendly, woods **Award:** From previous events.

**G**lan-Münchweiler (66907) — Here's an event just down the Autobahn from Neubrück and Baumholder. From Baumholder, head south to reach Autobahn 62. Head toward Landstuhl on A-62 and exit at Glan-Münchweiler, following IVV signs to the start. From Neubrück, use A-62 toward Landstuhl and the Glan-Münchweiler exit.

**Start:** Sportheim am Sportplatz **Saturday and Sunday:** 7 a.m. to 2 p.m. (5, 10 and 20 km) **Trail:** Unknown but expect hilly, fields and woods **Award:** None.



### It's fest time

**Frankfurt-Höchst** features a Castle Fest with various special events through July 13. Upcoming highlights at the castle square include Irish music and more July 4 and 5, "Classic Meets Pop" July 8, Irish Rock Night July 10, Irish Folk Night and Market July 11, a parade July 12 and fireworks July 13. Visit [www.schloss-fest.de](http://www.schloss-fest.de) for details. **Eltville** on the Rhein River holds its Biedermeier Fest July 3-6. Sparkling wines and people dressed in old-fashioned fancy clothes will be featured.

### 'Night of Magic Fires'

The night sky above the Rhein River towns of **Rüdesheim**, **Trechtingshaus** and **Bingen** will be ablaze with fireworks July 4 during the "Night of the Magic Fires." Special boats will offer food, music and a front row seat of the reflected light on the

river. Tickets are available at the Rüdesheim Tourist Office (Geisenheimer Strasse 22).

### State fair

Rheinland-Pfalz Tag is slated for July 3-5 in Bad Kreuznach. The annual event is a showcase of cultural, traditional, technical and culinary highlights from the German state. Concerts are featured throughout the fair.

### Open water scuba course

Take lessons with certified Scuba Schools International scuba diving instructors through Wiesbaden Outdoor Recreation. Cost is \$375 per person including all equipment, books, instruction, dives, air fillings and certification upon completion. Stop by Building 1046 on Wiesbaden Army Airfield or call civ (0611) 705 5760 for



Photo by Karl Weisel

### Getting their geese in a row

Two geese and their goslings make their way across a bicycle path near Oestrich-Winkel on the Rhein River. They may be headed to the Sekt and Biedermeier Fest in Eltville July 3-6 featuring sparkling wines and fancy, old-fashioned clothes.

information.

### Travel with USO

Rhein-Main Area USOs

offer a trip to the **Cold War Bunker Complex** and the **Bridge at Remagen Peace**

**Museum July 3, RheinAflame**  
**July 4, Veltins Brewery and Atta-Höhle Cavern**  
**July 6, Point Alpha (Fulda Gap Cold War Memorial)**  
**July 11, the Paris Air Show**  
**July 18, the Riesling Route with Eric the Red**  
**July 26, Legoland Germany**  
**July 19, Hagenau and Soufflenheim**  
**July 24 or Neuschwanstein and Hohenschwangau Castles**  
**July 25.** Stop by the USOs on Wiesbaden Army Airfield or at the Hainerberg Shopping Center for more information.

### Contemporary worship service

Frankfurt's Trinity Lutheran Church invites everyone to its monthly contemporary English-language worship service featuring the Praise Band and vocalists July 5 at 6 p.m. The church is located at Nibelungenallee 54 (60318 Frankfurt).



Photos by Dominic Konop

Wiesbaden battles an out-of-town challenger during the Wiesbaden Thunder Thump Open Softball Tournament June 19-21 in Dexheim.

## Thunder Thump Tourney

*Teams turn out in force for around-the-clock event*

Wiesbaden Sports and Fitness hosted the annual Thunder Thump Open Softball Tournament June 19-21 at Anderson Barracks in Dexheim.

Thirteen men and 10 women teams competed around the

clock from Friday to Sunday pausing only once for a six hour break.

"The people loved it ... even the Air Force. ... They all had fun," said Robby Green, tournament director, of the event that

hosted teams that came from as far as Aviano Air Base, Italy.

"There were people camped out all over the place, and children and dogs running around everywhere," Green reported.

The Spangdahlem men and Ramstein women went away with the championship hardware leaving the others wanting until the upcoming summer slammers in Heidelberg and Aviano scheduled for this month.

Green said though members of the Wiesbaden community women's team were hearty competitors, they will need more help in order to better challenge the field of future challengers.

Women softball players interested in playing the remainder of the season should contact the Wiesbaden Fitness Center at civ (0611) 705 5541 or mil 337-5541.



Wiesbaden's Christine Martinez tosses one from the mound during the Thunder Thump Softball Tournament.

## Things to do ... Things to do

### Camp Creativity

Wiesbaden's Arts and Crafts Center hosts Camp Creativity for youths through Aug. 14 from 1-3 p.m. Sign up for four \$10 classes for \$35. Pre-registration is required. Classes include **Make Your Own Yo-Yo** July 8, **Wind Catcher** July 8, **Painting with Acrylics 2** July 7 and 9, **Tissue Flowers** July 7, **Dream Catcher** July 9, **Paper Dolls** July 15, **Decoupage** July 15 or Aug. 12, **Tie Dye** July 14 and 16, **Mosaics** July 21 and 23 and lots more. Check with the Arts and Crafts Center in Building 1214 on Wiesbaden Army Airfield or call civ (0611) 705-5449 or

5722 to sign up.

### Mainz Tent Festival

Mainz features concerts in a circus tent in the Volkspark during the summer months. Performers include **Katie Melua** and **Roger Hodgson** July 17, **Santana** July 18 and **Simply Red** Aug. 8. Visit [www.frankfurter-hof-mainz.de](http://www.frankfurter-hof-mainz.de) for details.

### Summer reading

Baumholder and Wiesbaden libraries feature summer reading programs. Stop by the libraries for details.

## Sports shorts

### All-Europe athletes

Congratulations to the Department of Defense Dependents Schools-Europe soccer players who made the *Stars and Stripes* All-Europe teams. Baumholder's Alassane Doukoure and Katrina Alsup were selected as members of the first team. Kudos also to Wiesbaden's Jaelyn Coates, Logan Shelton and Baumholder's Prince Owusu who were named to the all-Europe second teams. DoDDS softball players were also recognized for their outstanding efforts. Baumholder's Michelle Zapata was named to the All-Europe softball second team. (Courtesy of the *Stars and Stripes*)

### Cheer Camp

Wiesbaden's SKIES unlimited holds Cheerleading Camps Aug. 10-14 for teens ages 14 and up and Aug. 17-21 for youths ages 6-10 from 9-11 a.m. at the Hainerberg Teen Center. Camps are open to boys and girls. Call mil 337-7928 or civ (0611) 705-7928 to enroll.

### Hunting courses

The next German hunting course in Wiesbaden will be held Aug. 18 to Oct. 24. Cost is \$180 which includes registration fee and Rod and Gun Club membership. Classes are Tuesday, Wednesday and Thursday from 6-9 p.m. with shooting and practical exercises on the weekends. Call mil 337-5760 or civ (0611) 705-5760 to sign up. Baumholder features an eight-week Rod and Gun Club course twice weekly and on the weekends. Cost is \$150. Call Baumholder Outdoor Recreation at mil 485-7182 or civ (06783) 6-7182.

### Golf at Rheinblick

Wiesbaden's Rheinblick Golf Course features Junior Clinics for youths ages 7-14. Cost for the four-week program is \$70. Six-week Beginner Workshops are offered for juniors ages 15-18. Cost is \$140. Call civ (0611) 42-0675.

### Mainz on bike

Explore Mainz by bike with Wiesbaden Outdoor Recreation. Bikes can be rented from Outdoor Rec. Call mil 337-5760.

### Tae kwon do

Tae kwon do classes are held Tuesdays and Thursdays for ages 5 to adult in Building 8046 on Baumholder's Smith Barracks. Call mil 485-7003 or civ (06783) 6-7003.

### Mountain bike races

The Installation Management Command, Europe Region, features a series of mountain bike races during the summer months. Upcoming races are July 18 in Ansbach, July 26 in Ramstein, Aug. 8 in Bamberg, Aug. 22 in Wiesbaden, Sept. 12 in Garmisch, Sept. 13 in Oberammergau and Sept. 26 in Hohenfels. For more information visit [armymwr.com](http://armymwr.com) online or call Jim Mattingly at civ (06221) 57-7944.

### Fishing courses

U.S. forces fishing courses will be offered July 27-31, Aug. 31 to Sept. 4, Sept. 28 to Oct. 2 and Oct. 26-30 from 6-9 p.m. at Wiesbaden Outdoor Recreation. Cost is \$65 for ages 12 and up. Call mil 337-5760 or civ (0611) 705-5760 for details. Baumholder Outdoor Rec features a one-day introduction course and three-day courses with a certified German fishing guide. Call mil 485-7182 or civ (06783) 6-7182.

### Scuba certification

Baumholder Outdoor Recreation offers scuba classes every weekend through the summer. All dive gear and study materials are supplied. Cost is \$325 per person with advanced certification also available. Call mil 485-7182 or civ (06783) 6-7182.

### Sport shooting

Wiesbaden Outdoor Recreation features sport shooting classes July 11 and Aug. 8. Cost is \$150 per student. Call mil 337-5760 or civ (0611) 705-5760.



## Movie plots

**Sunshine Cleaning (R)** — A single mom and her slacker sister find an unexpected way to turn their lives around in the comedy "Sunshine Cleaning." Once the high school cheerleading captain who dated the quarterback, Rose Lorkowski (Amy Adams) now finds herself a 30-something single mother working as a maid. Her sister Norah (Emily Blunt) is still living at home with their dad Joe (Alan Arkin), a salesman with a lifelong history of ill-fated get rich quick schemes. Desperate to get her son into a better school, Rose persuades Norah to go into the crime scene clean-up business with her to make some quick cash. In no time the girls are up to their elbows in murders, suicides and other specialized situations.

**Transformers: Revenge Of The Fallen (PG-13)** — The battle for Earth has ended, but the battle for the universe has just begun in this sequel.

**Crank: High Voltage (R)** — The indestructible hopped-up hitman Chev Chelios, played to the hilt once again by Jason Statham, returns to chase a Chinese gangster who hijacked his heart and substituted it with a mechanical one that needs to be jolted with an electric charge to stay pumping.

**Ghosts Of Girlfriends Past (PG-13)** — Matthew McConaughey stars as a freewheeling libertine who's haunted by the spirits of girlfriends of the present, past and beyond at his brother's wedding, awakening long-lost feelings for his first love. Jennifer Garner, Michael Douglas, Anne Archer and Robert Forster also star.

**Earth (G)** — The first film in the Disney nature series, "Earth," narrated by James Earl Jones, tells the story of three animal families and their journey across the planet. The stunning filming combines rare action, unimaginable scale and impossible locations by capturing the most intimate moments of the planet's wildest and most elusive creatures.

**State Of Play (PG-13)** — Russell Crowe plays reporter Cal McCaffrey in this blistering thriller about a rising congressman and an investigative journalist embroiled in a case of seemingly unrelated, brutal murders.

**Up (PG)** — Carl Fredricksen spent his entire life dreaming of exploring the globe and experiencing life to its fullest. But at age 78, life seems to have passed him by, until a twist of fate (and a persistent 8-year-old Junior Wilderness Explorer named Russell gives him a new lease on life). The unlikely pair encounter wild terrain, unexpected villains and jungle creatures

**Ice Age: Dawn Of The Dinosaurs (PG)** — Characters from the original "Ice Age" movies are back this time in the land of dinosaurs. The sloth gets in trouble when he creates his own makeshift family by hijacking some dinosaur eggs.



Matthew McConaughey looks on in horror as he is helpless to prevent past love, Jennifer Garner, from marrying Daniel Sunjata in the romantic comedy, "Ghosts Of Girlfriends Past."

## At the movies July 2-16

### Baumholder, Wetzel Playhouse Shows at Wetzel Housing Playhouse while renovations continue at Wagon Wheel

**July 3** — Up (PG) 7 p.m.

**July 5** — Up (PG) 4 p.m. Crank: High Voltage (R) 7 p.m.

**July 10** — The Hangover (R) 7 p.m.

**July 11** — Ghost Of Girlfriends Past (PG-13) 4 p.m. The Hangover (R) 7 p.m.

**July 12** — Earth (G) 4 p.m. Sunshine Cleaning (R) 7 p.m.

### Wiesbaden, Taunus

**July 2** — State Of Play (PG-13) 7 p.m.

**July 3** — Transformers: Revenge Of The Fallen (PG-13) 4 and 7:30 p.m. Sunshine Cleaning (R) 10:30 p.m.

**July 4** — Transformers: Revenge Of The Fallen (PG-13) 4 and 7:30 p.m. Crank: High Voltage (R) 10:30 p.m.

**July 5** — Transformers: Revenge Of The Fallen (PG-13) 4 and 7:30 p.m.

**July 6** — Sunshine Cleaning (R) 7 p.m.

**July 7** — Crank: High Voltage (R) 7 p.m.

**July 8** — Sunshine Cleaning (R) 7 p.m.

**July 9** — Crank: High Voltage (R) 7 p.m.

**July 10** — Ice Age: Dawn Of The Dinosaurs (PG) 4 and 7 p.m. Obsessed (PG-13) 9:30 p.m.

**July 11** — Earth (G) 4 p.m. Ice Age: Dawn Of The Dinosaurs (PG) 7 and 9:30 p.m.

**July 12** — Ice Age: Dawn Of The Dinosaurs (PG) 4 p.m. Ghost Of Girlfriends Past (PG-13) 7 p.m.

**July 13** — Obsessed (PG-13) 7 p.m.

**July 14** — Ghost Of Girlfriends Past (PG-13) 7 p.m.

**July 15** — Earth (G) 7 p.m.

**July 16** — Ghost Of Girlfriends Past (PG-13) 7 p.m.



One of the spectacular moments from Disney's "Earth." Photo left: Amy Adams (left) and Emily Blunt clean up a crime scene in "Sunshine Cleaning."

# Rhine River Cruise

by A.L. Shaff, contributing writer



When Judy and Jack Burk of Baton Rouge, La., wanted to visit their daughter in Germany last spring, they sent a daunting list of what they'd like to see and do, including a Rhine River boat trip, a castle visit, a sampling of good German food and maybe a wine tasting thrown in.

Their daughter Melinda Gregg and Mrs. Gregg's husband Gene, both Department of Defense Dependents Schools educators at Ramstein schools, found they could fulfill the list with a single United Service Organizations trip for \$89 per person. The tour covers one day from 7:30 a.m. until 8 p.m. with comfortable bus transportation to and from the Middle Rhine.

"My parents wanted sightseeing," Mrs. Gregg said, "but we didn't want to walk everywhere to see a castle, get some history and relax. With this trip, we passed through history and great landscape including the Lorelei and castles to the right and the left." Starting at the Vogelweh bowling alley, the bus smoothly rolls through the German countryside to Burg Rheinstein, a private castle built in the 10th century just outside Bingen. The mistress of the house greets guests with a talk about her home, then invites the tourists to wander through many period-furnished rooms and gardens. The walls and windows of the castle present fantastic views up and down the Middle Rhine Valley.

Then the tour travels to St. Goar and boards a ship for the two-hour upstream trip past the storied Lorelei, the Mouse Tower and the Pfalzgrafenstein, a small fortress in the middle of the river that resembles a ship. Turn-

ing about, the boat lands the tourists at Assmannshausen and the bus whisks them to a rural wine village for a "burgerlich" lunch of classic German food with wine of choice.

In the wine locale next door, Hans, a connoisseur, awaits to show his American guests wine tasting in the proper way.

Also a local banker, Hans makes people laugh at themselves as they purse their lips and suck air over a wine sample while trying not to cough the wine onto the crowd. Hans singles them out one after another to come forward and learn more about the joys of wine.

In mid afternoon, they bus to Ruedesheim, famed for Asbach Uralt and for Ruedesheimer Kaffee made with that brandy. Narrow lanes of timbered houses offer wine restaurants with fanciful, carved facades on each side. Walking around the famed wine town for an hour provides participants opportunities to buy wine and souvenirs.

"My family enjoyed this tour so much that I sent my neighbor, a new teacher in this area," Mrs. Gregg said. "She got the perfect introduction to German culture and some of what's available when people get out and travel. One of the great things about this trip is that we didn't worry about driving home because after the wine tasting, we just got back on the bus and safely slept our way back to Kaiserslautern." One caveat: Because of the steep climb at Burg Rheinstein, this trip is not suitable for strollers, handicapped or wheelchairs. Price: \$89 at USO offices in the Kaiserslautern area. Next trip: July 12 and twice per month through the summer and fall.

# Hidden History in Berlin

by Derek Miller, contributing writer



A friend once remarked that their visit to Berlin had been ‘unremarkable,’ owing to its modern look and acute lack of visible historical character. So it was with some trepidation that we departed by train for Berlin last summer.

But after three days of exploring this magnificent city, our experience could not have differed more. Berlin’s fantastic mix of architecture, wide streets (a result of the forethought put into rebuilding after the war) and storied history told through its many memorials, museums and landscapes made it more than worth the trip. A mix of activities both inside and out will appeal equally to the adventurer or historian. Despite the myriad of construction sites (and their unique above-ground color-coded water pipes) there is a deep sense of history around every turn that brings the city, and in turn the visitor, to life.

Estimates put the devastation of Berlin from World War II at about 70 percent totally destroyed, with more than 95 percent at least partially damaged. In fact, a large hill called Teufelsberg (now the highest point in Berlin) was constructed by labourers after the war using the rubble from the obliterated city (This is best seen in the distance from the top of the Reichstag building). Even today in the fully renovated Reichstag (the center of the German government) pock marks can

be seen in the upper structures, which tell the tale of the more than 1,500 Nazi soldiers who made their last stand there in 1945.

Many of the Third Reich sites were destroyed in the war and have intentionally not been resurrected, so a guide for what remains or is hidden is essential and informative. The best way to see and experience Berlin is by walking or biking tours, many of which originate near the Brandenburg Gate. Original Berlin Walks and the Fat Tire Bike Tour are recommended choices with excellent guides. There are a large number of sights near the Brandenburg Gate, which are easily reached by walking, but a bike tour will take you to more distant gems.

The Reichstag building is a great place to get your bearings and begin your exploration of the city. Take the time to climb the glass cupola and explore the four sides of the rooftop, picking out the main city landmarks described along the rail. Arrive here before 9 a.m. or make a reservation at the rooftop restaurant to beat the crowds, and be sure to pick up the English guide at the small booth in front for an informative summary. The huge park sprawling out from the entrance is called the Tiergarten, and it is a great place to take a picnic lunch and people-watch. In front of the building (to your left, facing the park) is the memorial to politicians who opposed Adolf Hitler. The slate tabs show the names, party, date and location of death of democratic politicians who became Hitler's first victims. The people who perished in the concentration camps are indicated with a "KZ" on the top of the stones.

There is also much to see outside the core tourist areas near the gate. There is an excellent subway and bus system (BVG) in the city that will take

you almost anywhere you want to go. Choose your accommodation nearby for quick access. As you ride, pick out the "ghost" stations of East Berlin, which went unused for nearly 30 years as west-side trains passed through them on their way to their stops. They are notable for their original signage and colorful tiles.

The former location of the Berlin Wall, erected in 1961 to stop the migration westward, is marked throughout Berlin by a narrow cobblestone path built from the remains of the wall itself. Take the time to follow the path on your bike and imagine the very different perspectives of the people on either side. There are several free-standing sections of the 100-mile wall remaining (find them marked on your tourist map with a special symbol), and the best full section, including the "death strip," is reachable by bike or S-Bahn at the Berlin Wall Documentation Center. There, as you climb the stairs to the lookout, look for the famous photo of a defecting East German policeman leaping the wire and casting his weapon aside in a (successful) dash for freedom. Only two or three of the more than 300 original sentry towers, at one time equipped with motion-activated machine guns, remain in the city. Keep an eye out for the Stolpersteine (stumbling stones), small brass plaques on the sidewalks marking the locations and honoring Jews murdered during World War II. The wall museum at Checkpoint Charlie does an outstanding job of recounting the history of the wall, its impact on life in Berlin and some of the most daring (successful and unsuccessful) escapes. It is well worth the entry fee to see many actual escape apparatuses, including ingeniously modified vehicles,

hot air balloons, rocket packs and human cannons. An amateur video of a successful two-plane night flight (shot from the cockpit of one of the planes) from east to west will intrigue aviation enthusiasts.

Two other must sees are the recently erected (2005) Memorial to the Murdered Jews of Europe, which is a short walk from the Brandenburg Gate. This is the first German government-sponsored Holocaust memorial built by Peter Eisenman and intentionally made abstract to encourage individual reflection. Take the time to wander through the more than 2,700 randomly shaped pillars for a powerful experience, and to explore the small but thoughtful memorial center below.

Finally, don't miss the Soviet War Memorial in Treptower Park. This spectacular and powerful monument was opened in 1949 to honor the more than 80,000 Soviet soldiers who lost their lives in the Battle of Berlin. It contains 16 sarcophagi containing the remains of 5,000 Soviet soldiers, Soviet flags fashioned from marble taken from Hitler's Reich Chancellery, and a huge statue of a Soviet soldier rescuing a German child. This memorial is as symbolic and powerful as any you'll find in Europe, and reminds us of the sacrifices made by other nations in the war.

Derek Miller is a CAFE3A pilot and freelance writer stationed at NATO Air Base, Geilenkirchen. For questions or comments, e-mail millhouse\_44@yahoo.ca.

#### Useful websites:

www.berliner-mauer-dokumentationszentrum.de  
www.callabike-interaktiv.de/  
kundenbuchung  
www.visitberlin.de/  
www.fattirebiketoursberlin.com  
www.berlinwalks.com



## Berlin Gems - Suggested Attractions:

### On a Sunny Day:

- Bike or walking tour
- Stroll down Unter den Linden
- Buskers in Pariser Platz near US Embassy
- Picnic in Tiergarten
- Topography of Terror (SS/Gestapo HQ and timeline)
- Find a sentry tower and a Stolpersteine
- Soviet Memorial at Treptower Park
- Explore Charlottenburg
- Palace grounds
- Turkish Market along the Maybachufer river bank in Kreuzberg

### On a Rainy Day:

- Museum of the Wall at Checkpoint Charlie
- Jewish Museum Berlin
- Museum Island (Pergamon Museum is the best)
- German History Museum
- 'Ghost' stops on the Subway
- Concentration Camp memorial at Sachsenhausen

### On any Day:

- Memorial to the Murdered Jews of Europe
- Berlin Wall Documentation Center
- Wall history posters near Checkpoint Charlie

### Other Tips:

- Pick up 1 Euro map at TI – intact sections of wall are marked
- Museum Pass (15 Euro) – 70+ attractions
- Download a free Berlin audioguide and map at [iaudioguide.com](http://iaudioguide.com)
- Try Hotels.ca for sales or Priceline.com for name-your-price accommodations
- Date stamp your BVG ticket to avoid an 80 Euro fine
- Streets numbers are both odd and even on same side of street!
- Bring your GPS to save time in transit
- Museums closed Mondays



# Youth Activities

**Wiesbaden:** Point your children in the right direction ... and when they're older they won't be lost!



## One Love

Musical group One Love performs for an outdoor crowd at the Wiesbaden Youth Center on the last full day of school. One Love was recently selected from among thousands of applicants to perform at the Boys & Girls Club of America in Atlanta, Ga.



## Moving on

Hainerberg Elementary School students attend a fifth-grade celebration to mark their completion of elementary school. Next year, those students remaining in Wiesbaden will attend Wiesbaden Middle School.



## Happy birthday Army

The Wiesbaden Child Development Center hosts a parade to celebrate the 234th Army Birthday. The 1st Armored Division commander cut a birthday cake celebrating the Army's birthday with help from children at the Wiesbaden Child Development Center.



## EDGE Fit Kid program

Wiesbaden Child Youth and School Services kicks off its EDGE Fit Kid program with professional trainer Mike Berezowsk and program participants Paul Crawford and Gregory Grady. The Edge Fit Kit program is a wide ranging physical fitness program concentrating on youth cardiovascular fitness sports skills and knowledge of health related components.



## Saddle up

Dylan Valdez saddles up his assigned pony in preparation for a trail ride with fellow members of Kathy's Western Riders. Dylan has learned to brush and clean the coat and care for the hooves of the ponies assigned to him during the Wiesbaden Child Youth and School Services SKIES Riding Lessons.

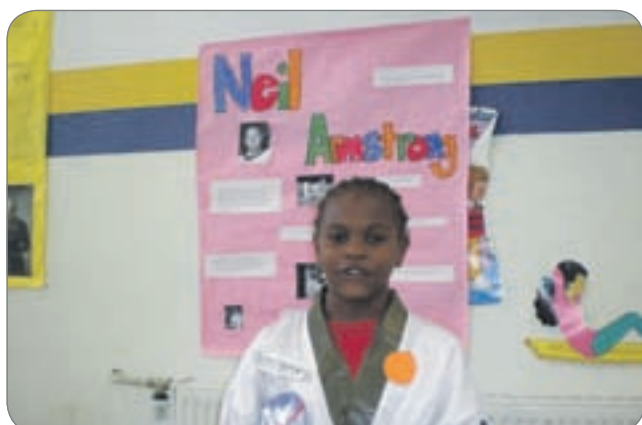
# Evening of the Stars Showcase

Smith Elementary School students show off their stuff May 14 at the Evening of the Stars Showcase. Students dressed as famous people for a living museum. The students researched the historical figures and then dressed up and spoke on the life of that person.

Photos by Claudette Harris.

Baumholder "Home of Champions"

## Youth Activities



# Vacation Photos



Mark Awdykowyz, U.S Army Garrison Wiesbaden, enjoys his market experience while vacationing in Barcelona, Spain, in April.



Austyn Terrio visits Vianden Castle in June, which is located in Vianden, Luxembourg.



Peter Wetterauer and his daughter Haley visit the Roman bath house ruins May 11 in Trier, Germany.



**Have you been on a trip lately? Send information to: [pictures@herald-union.com](mailto:pictures@herald-union.com)**

Submit your JPEG photo and include the name of the photographer, the date of the photo, first and last names of anyone in the photo, and the location of where the photo was taken. Write "Destinations" in the e-mail subject line.

## BIRTH ANNOUNCEMENTS

**Send your birth announcement to the Herald Union.**

Include your baby's name, time and date of birth, hospital name, weight and length, parents' first and last names, and the place where your family is stationed, along with a JPEG photo.

Send information to:  
[pictures@herald-union.com](mailto:pictures@herald-union.com)



### Isla Elizabeth Sampsel

Born at 8:52 p.m. May 31 at St. Josefs Hospital, Wiesbaden Germany. Isla Elizabeth weighed 7 pounds 13 ounces and was 20.5 inches long. She was born to Kelsey and John Sampsel. The family is stationed in Wiesbaden, Germany.

# Brain Teaser

## Beethoven

Beethoven was a lover of teasers of all kinds and often submitted the following to his friends:

What word can be created when following these directions?

- 1) Start at D
- 2) Go up eight
- 3) Go down 11
- 4) Go up five

What word is it?

**Answer:** Dear - Beethoven was a composer, obviously, and utilized the Musical Key in this teaser. When he says, "Go up 11," he is referring to the letters "ABCCDEFG. Going up eight notes from D brings us to E (because, of course, the musical scale simply repeats itself in the next octave). Going down 11 notes brings us to A, and going up five notes brings us to F. Hence, DEAF, which, incidentally, Beethoven was.



# Cupcakes

## For sale!

Two boys were sent by their mothers to sell an equal amount of cupcakes each, worth \$1 per cupcake.

They were told not to eat the cupcakes they were selling and that they should sell all of the cupcakes.

At the end of the day, all cupcakes were sold, yet neither boy gained nor lost a dollar.

What happened?



**Answer:** Each boy became hungry after a while. One boy decided to buy a cupcake from the other boy, paying him \$1. The other boy also decided to buy a cupcake from the first boy, paying him \$1, too. And so it continued until all the cupcakes were sold, and both boys came home full and happy.

**Herald Union** [www.herald-union.com](http://www.herald-union.com)

**DID YOU ALREADY KNOW?**

The Herald Union is now online check it out to get your latest news update! Read the classifieds or submit your own private classified ad!



**ROLAND'S AUTO AGENCY**  
CAR- TRUCK- & VAN-RENTAL

YES, YOU CAN...  
DRIVE SMART

CARL-ZEISS-STR. 7  
66877 Remscheid (across from the AUTOKING)



Please enjoy browsing on our site and buy in the comfort of your own home!

[www.exclusivefurniture.de](http://www.exclusivefurniture.de)

**Cosmetic Surgery**

Liposuction, Tummy Tuck, Breast enlargement, Breast reduction, Breast lift, Male breast reduction, Fat transfer (treatment of wrinkles)

**FREE CONSULTATION**

**Prof. Dr. med. Michel**

Member of the German Society of plastic and reconstructive surgery

Frankfurter Str. 35-39  
64720 Michelstadt

Call: 06061-967744 or 0170-4464415  
[www.michel.michelstadt.com](http://www.michel.michelstadt.com)

English Spoken



19% off  
with VAT-form!

Want to know what's going on in the Wiesbaden/Baumholder community?

**>>> Stay up to date with Herald Union –  
your NEW local community newspaper!**

**CONTACT US**

**FOR MORE INFORMATION OR  
TO PLACE YOUR ADVERTISEMENT:**

**Email:** For display ads:  
ads@herald-union.com

For classified ads:  
class@herald-union.com

Tel: 06 31 - 30 33 55 30

Fax: 06 31 - 30 33 55 35

Proudly presented by:

**AdvantiPro**

**>> Kaiserslautern Office**

**Hours:**

Mon – Thu 9:00 – 17:00

Friday 9:00 – 15:00

**>> AdvantiPro GmbH**  
Publishing, Advertising

Europaallee 3  
67657 Kaiserslautern



**Use your LQA to build your own house!  
Why rent when you can OWN!**

Please get in touch with us for  
further information!

info@k2onzeptschmiede.de or call 0171-4535355

**KAISERSLAUTERN CHURCH OF CHRIST**

www.ktowncoc.com • Mühlstrasse 34 • Kaiserslautern

**Schedule of Service**

Sunday School 10:00am Worship 11:00am

Evening Worship 6:00pm (except 1st Sunday)

Wed Bible Study 7:00pm (Classes for all ages)

**Minister:** Greg Larson 0631-950221

**POC's:** Eric Childress 06372-5090937

Travis Goodman 06371-406796



**Loans up to \$10,000  
for active duty U.S. military**

**Click today, cash tomorrow!®**



www.militaryloans.com



"We love to say yes"®

© Omni Financial - ALL RIGHTS RESERVED. All loans subject to approval.

**eicher**

**Summer clearance sale**  
new models on stock-  
**old ones must go!**

**World of  
belgian  
furniture**



**3350 \$**



**2390 \$**

**2250 \$**



**Free home delivery  
and set up  
(immediate or  
within 24 months)**  
Credit cards accepted  
Payments in US\$ or EURO

for home appointment - call: 06731 404 163

**Everything on sale!**

**Your dollar  
is worth more -  
now it's time to buy**  
Tax free sales  
Lay-away-plan  
(no charges)

**Serving  
American customers  
since almost  
30 years**

How to find us:  
from Kaiserslautern take  
the A62/A1 direction Trier.  
At the intersection 130  
"Dreieck Moseltal" fol-  
low A1 direction Witt-  
lich/Koblenz. At exit 126  
"Kreuz Wittlich" change  
into A66 in direction Bir-  
sburg, Lütlich/Liege.  
Get out at exit #14  
ST.VITH NORD, turn to  
the right.  
Eicher/LEDERPROFI is the  
first store on the left.

**eicher**

**GERMANY**  
Bahnstraße 78-78B  
D-66849 LANDSTUHL  
Tel.: 06371 404 163

**BELGIUM**  
Hünningen 54-58  
B-4780 ST.VITH  
Tel.: 080 22 73 93

How to find us:  
(Belgium)  
coming from Mons or  
Bruxelles follow direc-  
tion Liège on the E40  
(direction Germany).  
After Liège take the E42  
to Verviers and follow  
the highway.  
Get out at exit #14  
ST.VITH NORD, turn to  
left, LEIDERPROFI is the  
first store on the left.

**Visit our website:  
www.eicher.eu  
and save money !**

**Opening hours:**  
daily 10.30am - 6.30pm  
saturday 10am - 5pm  
Sunday open in Belgium from  
12 - 6 pm and closed in Landstuhl

**Display Ads:** *Susanne Daugill*  
E-Mail: ads@herald-union.com  
**Tel:** 06 31 - 30 33 55 37  
**Fax:** 06 31 - 30 33 55 35

**Classified ads:** *Anna Gonzalez*  
E-mail: class@herald-union.com  
**Tel:** 06 31 - 30 33 55 31  
**Fax:** 06 31 - 30 33 55 35

AdvantiPro GmbH | Europaallee 3 | 67657 Kaiserslautern | Mon - Thu: 9:00 - 17:00 | Fri: 9:00 - 15:00

# Classified Ads

For Sale • Pets • Autos • Wanted  
Lost • Motorcycles • and more

AdvantiPro GmbH takes no responsibility or liability whatsoever for any of the products and services advertised in the Herald Union. Readers are responsible for checking the prices, qualifications, warranty and any other factor that might help you decide whether to do business with an individual or company advertising herein.

## Acc. for Rent Houses

**Nice Apt for rent**, 15min from Wiesbaden center, 1 bedroom, 1 living room kitchen, fully furnished, ab 01.07.09 call 0178 8392977

## Accommodation for SALE

**Country Villa near Wiesbaden**, 280sqm including sep. apartment, sauna, backyard, & double garage. €369,000 Call 06775-960522

## Autos

!!!!!! 0174-206-2884 Attention: We pay top price for your used cars, also with no insp or damaged, any cond. Autosamiexport7@yahoo.de or Call us 0176-23628598

**\$ 4 , 9 0 0 - - - 9 7 ' H O N D A PRELUDE2.0i Silver** 103K Miles (166000Km) CD/MP3 player, iPod connection, Premium Sound (Kenwood subwoofer & amplifier), Alloy Rims, All season tires, Just passed inspection, recent oil change, brake pads... PWR window/steering, front airbags. Euro Specs. Very reliable Cell 0151 1588 7527 DSN 483-8794)

**,91 Mercedes 200E;** 240.000km; Comes with 3 sets of tires! excellent condition! 2500€OBO Call Jenny: 01577-6492512

**1997 Ford Explorer** Eddie Bauer fully loaded well maint w/records, white & gold, 131Kmls, w/multi disc CD changer, \$5000 obo Call: 0631-3508335 or 0162-6910156

**2000 Volvo V40.** 144,000 KM German Spec. AC, Blaupunkt radio and CD, 5 speed, amazing gas mileage. Includes winter tires and wheels. \$5200.00 OBO. 0171-909-

8035. Arlin98@hotmail.com.

**2001 BMW 540i** Sport-Six Speed man. , 73k miles, blk ext, blk lthr int. , loaded, very good cond. U. S. specs. \$12,000. Call 01759076911.

**2002 Honda Odyssey** Marron This has been a great family car and will be for you. The car has minor scratches on the front and rear but is in great condition. Has new tires, shocks & struts, slidings doors and a great feature for families. Comes with DVD player in the ceiling and 3 headsets. The car has been detailed and is ready for sale. There is 143000 on the van. Asking 12000. Please contact Blake at 06371611228 or 017621754297 if you are interested or have questions.

**2004 Porsche Boxter S**, Silver Grey color with leather interior. Limited Edition, Special 550 Spider „50th Year Anniversary of James Dean's Death“. 196KW/ 119,000 kilometers. Plenty of technical extra; phone, navigation system, 6cd player. Asking 32,500 Euros. Price includes a set of winter tires with rims. Please call 0171.471.8378 or email: Ka-fichtner@t-online.de

**2006 BMW 325 Ci** Convertible. Light Blue. Automatic. Navigation US/Europe. US Specs. 29k miles. Complete with winter tires. Asking \$28k obo. Frankfurt /Wiesbaden area. k155ter@aol. com or call my cell at 017682087461.

**2006 BMW X5.** Champagne. Automatic. Navigation US/Europe. US Specs. 19k miles. Complete with winter tires. Asking \$35.5K obo. Frankfurt area. k155ter@aol. com or call my cell at 017682087461.

**Chevy Cavalier, 01** 2dr. White w/ Tan interior. 88,400 miles. 5 Speed. Runs Great! Recently inspected. \$2200 obo. Available after July 20th.

Baumholder 016094998306

**Reduced 2006 Harley** Softail Standard. This Bike is in Perfect Condition has been garage kept. Only has 1700 miles on it and still is under warranty. This model is no longer made so great collectors item. Asking \$11000, please call 06371611228 or 017621754297 and ask for Blake.

**2008 Toyota 4Runner** SR5 4x4(US Spec), gray metallic. Excellent cond. 4.0 I V-6, 236HP, Automatic, full tow pkg, Roofrack, Running Boards, Power Moonroof, AM/FM CD, MP3, 21K Miles, factory warranty, dealer maint. 02161-463-9590, readtda@yahoo.com, \$26,500

**2005 BMW 330Ci** Soft-top convertible\*\* American Specs, Gray w/black leather interior, 42K mi, 6-speed manual trans, A/C, Xeon lights, Radio/CD, Heated seats, Ipod integration installed. \$21,000. E-mail: sunjaz@yahoo.com

**1996 Ford Mustang** GT, 4.6L V8, 4-Spd Autom. , A/C, fully loaded, Mach 460 Sound System, Ext Color Red, one owner (non-smoker)!, very clean, very good condition, 128000KM, US and German specs, currently German registration, German Inspection (TÜV & HU) valid until Aug 2010. Regularly maintained, all service records available. Comes with summer & winter tires (used) and some new spare parts. US\$6800 or 5000 Euro, Call 06371-598118

**1997 Opel Vectra** 1.6 CD Gas Motor-48,750 miles (78,450KM) 101hp (101PS) automatik 4dr Hatchback In Exc Cond! Euro Spec. Blue Metallic, Steering Wheel Radio Controls, Auto Sunroof, PowerWdws/Doors, Remote Key Control, JVC Integrated MP3/CD/USB Radio with 6 BlauPunkt Speaker System and Sub-Woofer Kicker Box.

Rear Sport Light Package. Summer and Winter Tires Included w/Purchase. Great Auto!\$5,650 / 4,250€ OBO Call: Michael 0176-21808554/ email: auto-4sale55@yahoo.com for pics and info!  
**1998 Toyota Corolla**, 4-cylinder, 5-speed manual transm, 5-dr hatch-back, Euro specs, pwr steer, pwr disc brakes, elec sunroof, elec mirrors, electronically adj headlights, AM/FM/CD/MP3 radio, pwr locks/windows (front drs) 33 - 36 MPG, Front brakes & CV boots replaced within 2000km. Dealer maint, looks good inside & out, 2nd owner. 2 months of the 1yr dealer warranty. Avail first week of July, 2009. \$3,000, 0160 724-5930.

**1999 VW New Beetle** 1,9 TDi 5 sp Manual, ABS, ESP, 4 x airbags, Manual air condition, Cruise control, Power mirrors, windows & locks. Mileage: 147000 km. Asking \$7000 or €5000. Contact: 06371-617089 (home) or 06371-402344 (work)

**2003 VW Super Beetle** 1.8Turbo US. Specs, Great Gas Mileage. Factory Orange Tan interior. Autom Transm. Fully Loaded 6-Disc Cd Changer ICE Cold AC Heated Seats Moon Roof 61 k miles 13455 OBO Great Ride. Pics can emailed upon request. E-mail: jose. rodriguez2@ramstein.af.mil or 015150462042 ask for Jose

## For Sale

**Dining room, oak** rustic massy, table 2,10m x 0,90m with 8 chairs, in excellent condition. VB. : 800 € phone: 06372-5332 oder mobil: 0178- 1345439

**Dining room: Slidetabel** (92cmx-150cm pull-out up to 3m) with 8 chairs. As good as new, without scratches. Price 600,00€ or obo.

**For sale, Avol 27"** color TV with built in DVD player. Dual power. \$50.00. 0171-909-8035. arlin98@hotmail.com.

**For Sale, two** queen size mattresses and one queen size box springs. Good condition, all for \$60.00. 0171-909-8035, arlin98@hotmail.com.

**German Kitchen w/appli.** \$600.00, Dinning room glass table \$100.00 56' JVC Tv \$500.00, much more please email wenonawelch@yahoo. com or 0162-6208701 for pics.

**PCS Furniture Sale:** Dining Room Set \$1500. Living Room Set \$ 1500. Wardrobes \$50-100. Hamster Cage \$20. Office desk and chair \$100. Frankfurt area. k155ter@aol. com or call 017682087461.

**Antiques: Round dining** table around 1900 with beautifully carved tripod, extendible with 2 extra leaves, height: 29.5", diameter: 39.4", extended up to 5.9" in length \$110. Beautifully hand cut crystal glasses: 6 white wine, 5 red wine, 5 champagne, 6 port wine \$45. Will email photos upon request. Call 015122700083

**Absolutely beautiful Turkish** carpets/kilims. Child bicycle & lots of toys & garden toys; Lots of 220V items: fans, German telephone, transformers, satellite decoders, iron, 220V plugs. Kitchen table, laser printer, Gas grill, beautiful Turkish handmade jewelry; antique coffee table; 220V Boston Acoustic computer speakers; computer modem; NAD component stereo system; several cameras; custom-made Serotta road-racing bicycle with travel bag; \$500. Call to see or make offer: 06371-462857.

**AFN Decoder with** remote, no dish - New in January, 2009. Sell for \$190.00. Call 016724-5930. All wood dark stain brand new set sofa table \$75, book case \$85, desk \$120, or all 3 for \$250, glider chair w/ottoman cherry wood \$150 Call: 0162-2723245



4 doors. 0 compromise.

Our US Military Sales Program saves you 10% over US MSRP

4-year 50,000 mile Global Warranty  
3-year Jaguar Home Shipping  
Financial Assistance  
US Demonstrators - Trade-Ins

2010 Jaguar XF from \$ 46,035

www.capitolmotors.com

**CAPITOL MOTORS**

KAISERSLAUTERN  
0631-340680  
nick@capitolmotors.com

SPANGDAHEM  
06565-95730  
mitch@capitolmotors.com

THIS IS THE NEW JAGUAR

## GOT PASSION?

### Join our team of dedicated educators!

University of Phoenix Overseas Military Campus has an opening for a FULL TIME FACULTY position in our MBA program. JD, JD/MBA combination, CPA, or Accounting, Economics, and Finance a plus. This position requires administrative duties including but not limited to: Recruiting and training adjunct faculty, conducting community events, creating and conducting workshops. Extensive travel through Europe as needed.

#### General Requirements

To qualify as a University of Phoenix faculty member, you must be legally authorized to work in the U.S. and need to meet the following minimum criteria:

- Have a master's or doctoral degree from a regionally accredited U.S. institution (or the international equivalent) related to the subject you wish to teach.
- Have at least 5 years work experience related to the subject you wish to teach.

#### TAKE THE NEXT STEP TOWARDS A REWARDING TEACHING CAREER

Address resumes and inquiries to:

Greg.Evans@phoenix.edu

University of Phoenix is accredited by the Higher Learning Commissions and is a member of the North Central Association (www.neahigherlearningcommission.org 312-263-0456)™2004 University of Phoenix ALL RIGHTS RESERVED

**For sale-Oak TV** stand \$40, ladies 8 1/2 ski boots \$30, wardrobes \$40 each, cloth car cover, \$20, white lace panel curtain \$2 per panel, pastel shower curtain and liner \$10, Navy blue print chintz sofa and love seat \$500 OBO, queen-size mattress and box spring \$100, 06374-5072

**Large mosaic picture** of the Sydney Harbour Bridge, Australia by night, comes with wall fixings and instructions for assembly. It has 9 mosaic pieces total and it measures about 1 meter by 1 meter. Asking \$25. Please call 06371-598-118 or 0162-7080-474.

**Live on base?** Want to shop the economy and save money? Have no fear Laura is here! I'm a civi who lives off base and has a black belt in shopping! Would like to take people on shopping trips to Landstuhl and can teach you shopping tips! Please contact at lauranardin@yahoo.com for more information

**Toshiba Satellite U305-S5107;** Item number: 77020549W; Windows Vista Home Premium; 160 GB hard drive, 2GB memory, optical drive, CD, DVD, DVDRW, Intel Core 2 Duo processor T5300; Extras: 13.3 inch LCD, 3 USB connections possible, LAN, camera 1.3M and built-in-loudspeakers, weight: 4.6 pounds, €400 obo. Please call: 0176-64803721

#### Motorcycles

**2008 Harley-Davidson Nightster** (XL1200N) W/2,450 miles. All services & maintenance performed by Harley-

Davidson. Over \$3,000 in Custom Accessories. Asking \$12,250. Contact for more info and pictures. Must Sell, ETSing. Great Condition!!!

#### Pets

**Cute little puppies** from Dog Rescue looking for a home! 1 Dachshound-Mix (male) and 2 fuzzy mixes (male + female) are looking for a home for a lifetime! The are in foster care in Wiesbaden and wait for the perfect home where they can discover the world. Read more about the adoption process: [http://fellfreunde.npage.de/ablauf\\_englisch\\_65606938.html](http://fellfreunde.npage.de/ablauf_englisch_65606938.html) - if you want to see pictures follow the link at the end - Boyy, Lulu and Seppi.

**Deploying! My cute,** cool, calm, collected, loving cat „Boris“ needs a temporary home (prefer 3 Jul but NLT 16 Jul-Feb 2010).Willing to give him up if you fall in love with him too! All inclusive (German license, cat box, scratching post, food, toys, outdoor house, etc.) Please call! Cell: 0162-273-0108 or curtis.hansen@us.army.mil

#### Professional Services

**Chima Cleaning Service.** Private & commercial cleaning: PCS, house, carpet, yard work, etc. Tel: 06381-4256065 or visit: [www.chima-cleaning-service.com](http://www.chima-cleaning-service.com)

**TouchLife Massage** by Manuela Leister (LMP) 55246 Mainz-Kostheim (3min from Mainz-Kastel, Storage Station) Cell: 0177-3838285 Tense? Call for an appt.

## SUMMER SALE AT MK FURNITURE

FREE DELIVERY | FREE DELIVERY | FREE DELIVERY | [www.mkkrings.com](http://www.mkkrings.com) | FREE DELIVERY | FREE DELIVERY | FREE DELIVERY

**BEST QUALITY**

serving American customers over 45 years

Tax Free Sales  
No Interest Lay Away Plan  
Customized Furniture  
Credit Cards Accepted

**MUGE SUMMER  
CLEARANCE SALE  
01-31 JULY '09**

**OUR  
NEW  
LOCATION**

**MAINZ-KASTEL  
AAFES  
FURNITURE STORE**

Our huge showroom is only 1 hour 40 minutes from Ktown.

From Ktown: Take the A62 to Trier. A62 goes on highway 1. Get off at exit 126 (Kreuz Wittlich). Take A60 to LÜTTICH (Belgium). Take exit nr. 14 (St.Vith Nord)

MÖBEL KRINGS MARAITE is 1/4 mile on the right side of the road.

GPS:  
city: SANKT VITH  
street: HUNNINGEN  
country: BELGIUM

OPEN weekdays 8 - 18  
Saturdays 9 - 18  
Sundays 10 - 18  
closed Mondays\*  
\*except American holidays



since 1961

**mk  
MÖBEL**

**KRINGS-  
MARAITE**

Hünningen 48 | B-4780 ST.VITH | Tel.: 0032 - 80 - 22.84.77 | Fax: 0032 - 80 - 22.67.29 | E-mail : [info@mkkrings.com](mailto:info@mkkrings.com)

**AAFES**

**VOGELWEH  
Furniture Store**

**BITBURG  
BX-tra**

**MAINZ-KASTEL  
Furniture Store**



# BUY NOW WITH CONFIDENCE!

PICK UP YOUR

# CONFIDENCE CASH

**TODAY FOR EXCLUSIVE, LIMITED-TIME  
SAVINGS AND PROTECTIONS ON  
CHRYSLER, DODGE AND JEEP AT YOUR  
ON-BASE EXCHANGE NEW CAR SALES!**

**[www.encs.com](http://www.encs.com)**



All illustrations and specifications are to the best of our knowledge correct as of the date of publication. They are subject to changes made by the manufacturer and the laws or regulations of any federal, state or local government agency. All programs and guarantees are subject to terms and conditions. Visit [www.encs.com](http://www.encs.com) or see your sales representative for complete details. Chrysler Group LLC is an authorized contractor of AAFES and NEXCOM. Exchange New Car Sales is an authorized distributor to sell and distribute Chrysler vehicles. This advertisement does not express or imply endorsement by AAFES, NEXCOM, the DOD components, or the Federal Government and is not sponsored by them. C112\_0609\_ConfCash\_HU

# Over 100 cars from Europe's largest fleet of US spec Demo models must be sold!



2009 BMW 1 Series Coupés  
Demo Savings Example\*: \$6,250



BMW 3 Series Sedans  
Demo Savings Example\*: \$7,100

## Many more models in stock!



2009 BMW 5 Series Sedans  
Demo Savings Example\*: \$11,240



2009 BMW X3 xDrive  
Demo Savings Example\*: \$8,765

The images shown above are intended only as model representations.

\*Savings shown above reflect the savings against USMSRP for the identical model/equipment.

## Our largest ever Demonstrator sale!

Our largest ever Demo sale offers you a full range of BMW and MINI models with higher than ever savings. With over 100 cars to choose from, Military/DOD members based overseas have never had a better opportunity!

- Low Mileage
- US specs
- Marine Shipping included
- Immediate Availability

To check out which models are still available, drop by a PCS facility near you or visit us on the web. Act now, while stocks last!

**Mainz**  
Ludwig-Wolker-Str. 14  
55252 Mainz-Kastel  
Tel: 06134 56 78 00

**Baumholder**  
Kennedy Allee 30  
55774 Baumholder  
Tel: 06783 185 84 61/63

[demos@PentagonCarSales.com](mailto:demos@PentagonCarSales.com)  
[www.PentagonCarSales.com](http://www.PentagonCarSales.com)

